

04. Passwords



Blase Ur and Mainack Mondal

April 4th, 2018

CMSC 23210 / 33210



THE UNIVERSITY OF
CHICAGO



**Security, Usability, & Privacy
Education & Research**

password

123456789

Google security exec: 'Passwords are dead'

Speaking at TechCrunch Disrupt, Google's Heather Adkins says startups should look beyond passwords to secure users and their data.

PCWorld

Yahoo wants to kill the password one text message at a time

0110101 NAME ADRESS BANK ACOUNT JOB 1101
0110100101001010110100100110101100101010
01101010101010110100100110101100101010
0110101 LOGIN **PASSWORD** 10110101101001010

the guardian

US world opinion sports soccer tech arts lifestyle fashion business

Google aims to kill passwords by the end of this year

COMPUTERWORLD

NEWS

Russian credential theft shows why the password is dead

It's way past time for companies to implement strong authentication measures.



GIZMODO

The Tech That Will Kill Passwords



Adam Clark Estes

12/04/14 2:30pm · Filed to: [PASSWORDS](#)

Why Passwords?

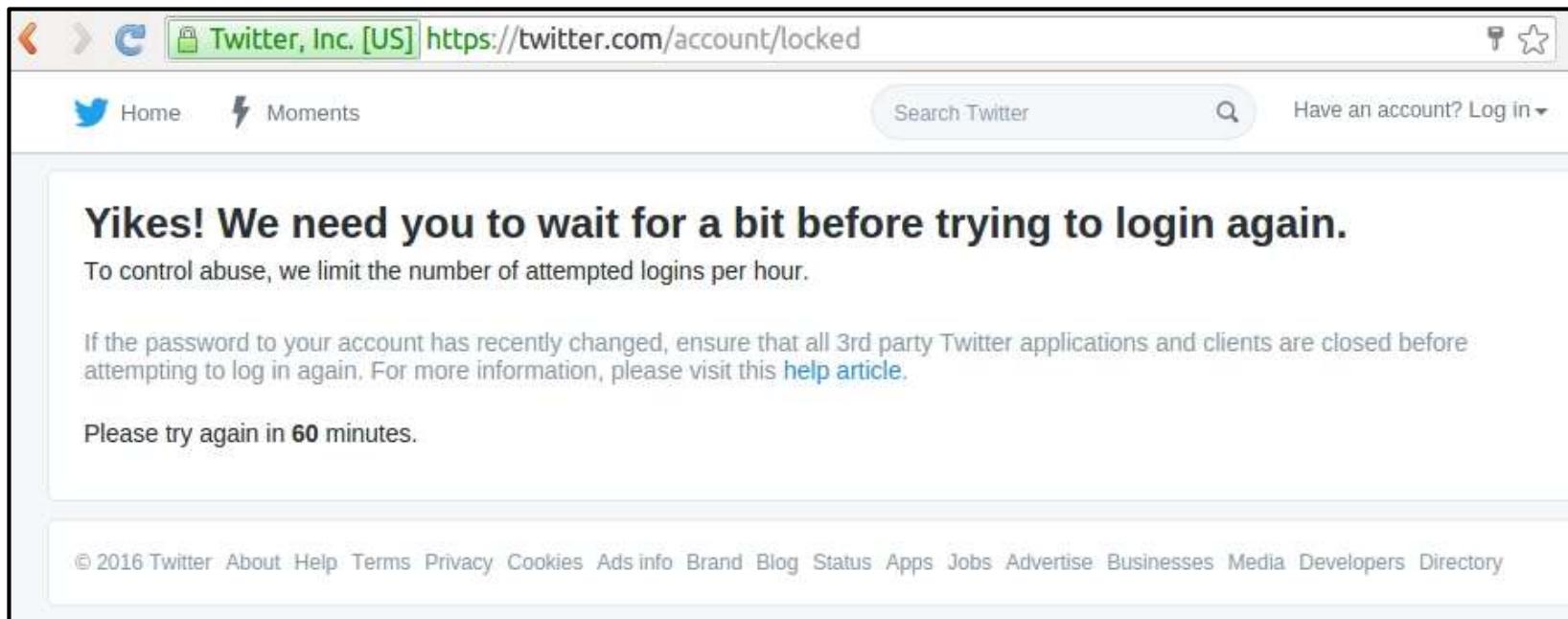
- Familiar to people
- Nothing to carry
- Difficult to coerce
- Easy to deploy, revoke, and replace

Threats to Password Security

- Online attack against live system

Threats to Password Security

- Online attack against live system
 - Rate-limiting



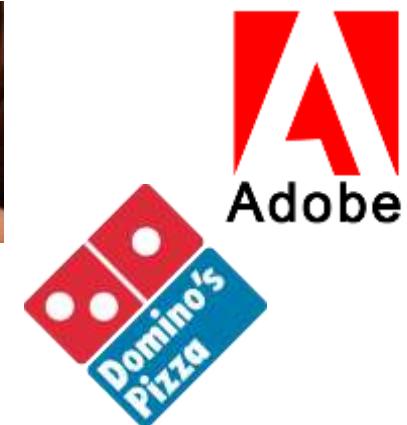
The screenshot shows a web browser window with the Twitter homepage loaded. The address bar at the top displays "Twitter, Inc. [US] https://twitter.com/account/locked". The main content area of the browser shows a message from Twitter. The message reads: "Yikes! We need you to wait for a bit before trying to login again. To control abuse, we limit the number of attempted logins per hour. If the password to your account has recently changed, ensure that all 3rd party Twitter applications and clients are closed before attempting to log in again. For more information, please visit this [help article](#). Please try again in **60** minutes." At the bottom of the browser window, the standard Twitter footer navigation links are visible, including About, Help, Terms, Privacy, Cookies, Ads info, Brand, Blog, Status, Apps, Jobs, Advertise, Businesses, Media, Developers, and Directory.

Threats to Password Security

- Online attack against live system
- Attack against password-protected file
- Offline attack against stolen database



000webhost.com
better than paid hosting

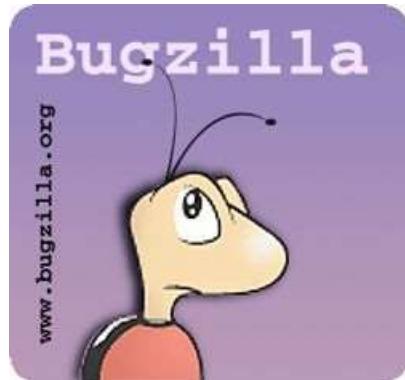


Anatomy of an Offline Attack

- Attacker compromises database
 - $\text{hash}(\text{"Blase"}) =$

`$2a$04$iHdEgkI681VdDMc3f7edaU9phRwORvhYjqWAIb7hb4B5uFJO1g4zi`

- Attacker makes and hashes guesses
- Finds match → try on other sites



Problem 1: Absurd Advice

Carnegie Mellon University

Password Requirements

Must Contain

- At least 8-characters.
- At least one uppercase alphabetic character (e.g., A-Z).
- At least one lowercase alphabetic character (e.g., a-z).
- At least one number (e.g., 0-9).
- At least one special character (e.g., []~!@#\$%^&*()<>._-+=).

Cannot Contain

- Known information (i.e., first name, last name, Andrew userID, date of birth, 9-digit Carnegie Mellon ID number, SSN, job title).
- Four or more occurrences of the same character (e.g., aaaa, 2222, a123a345a678a).*
- A word that is found in a standard **dictionary**.*
(after removing non-alpha characters).

**This requirement does not apply to Andrew account passwords that are more than 19 characters in length (e.g., passphrase).*

Additional Policies

- Last five passwords cannot be used.
- Cannot be changed more than four times in a day.

Problem 2: Inaccurate Feedback



Password1!



Problem 3: Unhelpful Feedback





1. Impact of password meters
2. Modeling password cracking
3. Password perceptions
4. Neural-network-based guessing
5. Building a data-driven meter



Meters' Security & Usability Impact



Blase Ur, Patrick Gage Kelley, Saranga Komanduri, Joel Lee, Michael Maass, Michelle Mazurek, Timothy Passaro, Richard Shay, Timothy Vidas, Lujo Bauer, Nicolas Christin, Lorrie Faith Cranor. How Does Your Password Measure Up? The Effect of Strength Meters on Password Creation. In *Proc. USENIX Security Symposium*, 2012.

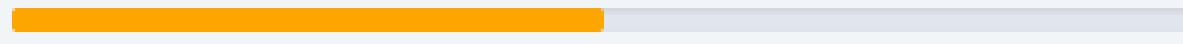
Meters Are Ubiquitous

Brilliant



Bad

Password Strength Fair



Password strength: Strong



Weak

Strong

Weak



✓ Password could be more secure.

Test Meters' Impact

- How do meters impact password security?
- How do meters impact usability?
 - Memorability
 - User sentiment
 - Timing
- What meter features matter?
- 2,931-participant online study

Baseline Password Meter

LiveMail

Create a password

Account Password

A strong password helps prevent unauthorized access to your email account.

Type new password:

8-character minimum; case sensitive

>Password strength: Bad. Consider adding an uppercase letter or making your password longer.

A horizontal progress bar consisting of a red square on the left and a grey bar on the right, indicating a low password strength.

Retype new password:

Make my password expire every 72 days.

Visual Differences

Type new password:

8-character minimum; case sensitive

Baseline meter

Fair. Consider adding a digit or making your password longer.



Three-segment

Fair. Consider adding a digit or making your password longer.



Green

Fair. Consider adding a digit or making your password longer.



Tiny

Fair. Consider adding a digit or making your password longer.



Huge

Fair. Consider adding a digit or making your password longer.



No suggestions

Fair.



Text-only

Fair. Consider adding a digit or making your password longer.

Visual Differences

Type new password:

8-character minimum; case sensitive

Baseline meter

Fair. Consider adding a digit or making your password longer.



Three-segment

Fair. Consider adding a digit or making your password longer.



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Tiny

Fair. Consider adding a digit or making your password longer.



Huge

Fair. Consider adding a digit or making your password longer.



No suggestions

Fair.



Text-only

Fair. Consider adding a digit or making your password longer.



Scoring Differences

Type new password:

useNIX\$e5

8-character minimum; case sensitive

Excellent!



Baseline meter

Half-score

Poor. Consider adding a different symbol or making your password longer.



One-third-score

Bad. Consider adding a different symbol or making your password longer.



Nudge-16

Poor. Consider making your password longer.



Nudge-Comp8

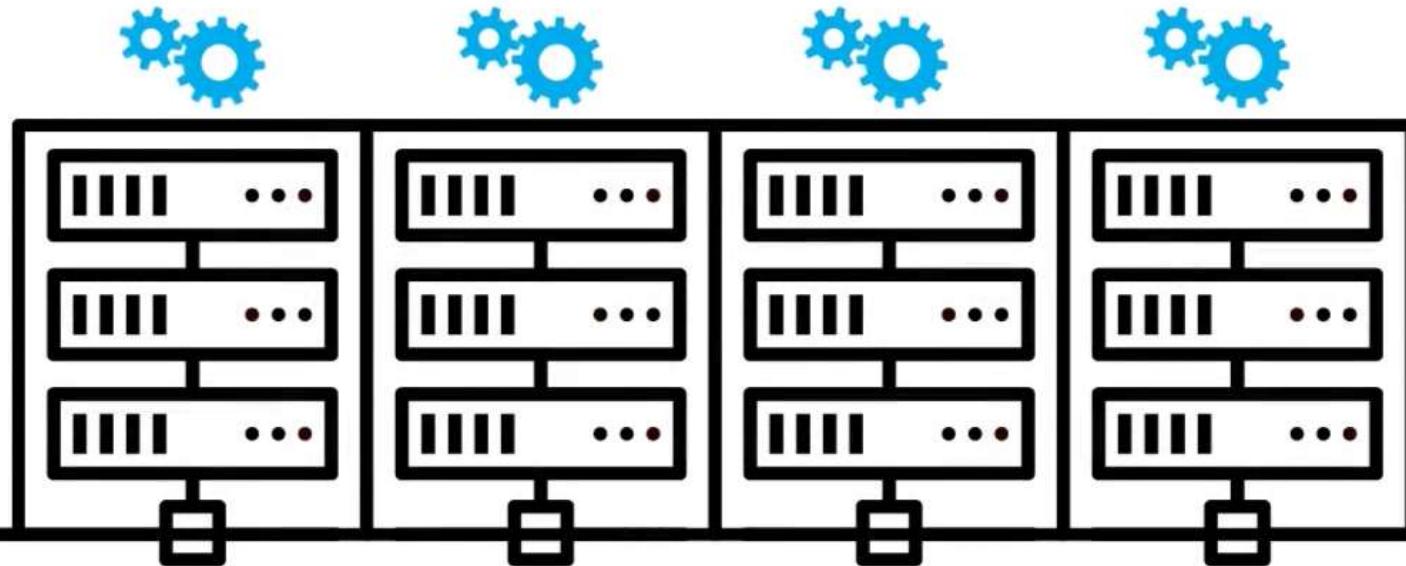
Excellent!



Key Results

- Stringent meters with visual bars increased resistance to guessing
- Visual differences did not significantly impact resistance to guessing
- No significant impact on memorability

Modeling Password Cracking



Blase Ur, Sean M. Segreti, Lujo Bauer, Nicolas Christin, Lorrie Faith Cranor, Saranga Komanduri, Darya Kurilova, Michelle L. Mazurek, William Melicher, Richard Shay.
Measuring Real-World Accuracies and Biases in Modeling Password Guessability. In
Proc. USENIX Security Symposium, 2015.

Password-Strength Metrics

- Statistical approaches
 - Traditionally: Shannon entropy
 - Recently: α -guesswork
- Disadvantages for researchers
 - Usually no per-password estimates
 - Huge sample required
 - Not real-world attacks

Parameterized Guessability

- How many guesses a particular cracking algorithm with particular training data would take to guess a password

j@mesb0nd007 !

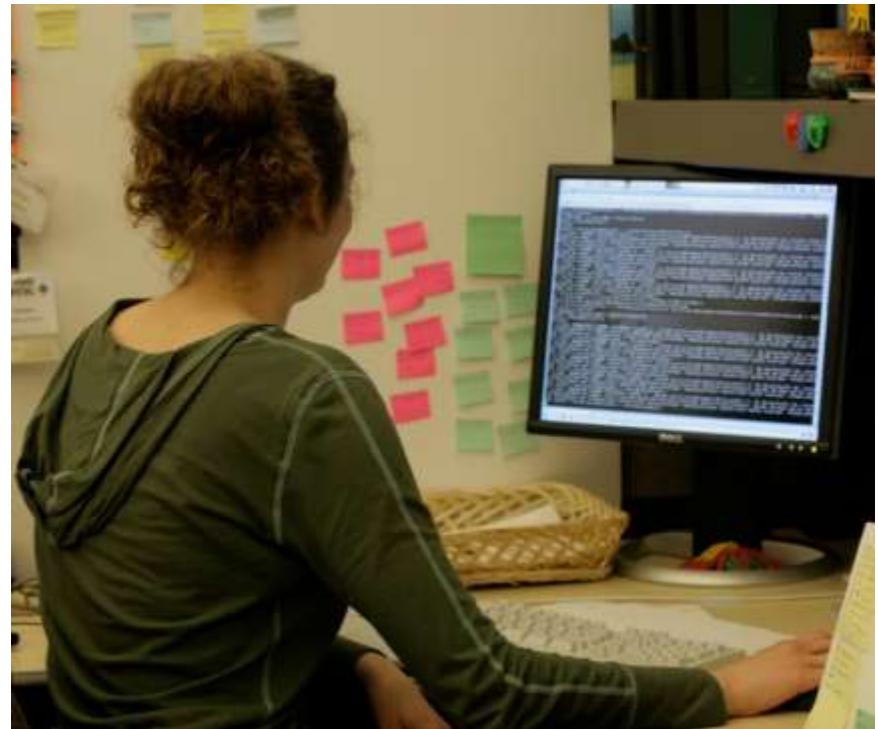
Guess # 366,163,847,194

n (c\$JZX! zKc^bIAX^N

Guess # past cutoff

Guessability in Practice

Guessability in Practice



Single Cracking Approach

The image is a collage of academic papers and reports, likely from a search engine results page. The titles and authors are as follows:

- How Does Your Password Stack Up? The Effect of Strength Metrics** by Claude Castelluccia (2008)
- Adaptive Password-Strength Meters from Markov Models** by Saranga Komanduri, Timothy Vidas, Lujo Bauer, and Lorrie Cranor (2011)
- The Florida State University DigiNole Commons** (Electronic Theses, Treatises and Dissertations, The Graduate School, 2011)
- Modern Password Cracking: an optimal approach** by Richard Shay, Saranga Komanduri, Adam L. Durity, Phillip (Seyoung) Huh, Michelle L. Mazurek, Sean M. Segreti, Blase Ur, Lujo Bauer, Nicolas Christin, and Lorrie Faith Cranor (2011)
- When Privacy meets Security: Leveraging personal information for password cracking** by M. Dürmuth¹, A. Chaabane², D. Perito², and C. C. Agudelo² (2012)

Can Long Passwords Be Secure and Usable?

Richard Shay, Saranga Komanduri, Adam L. Durity, Phillip (Seyoung) Huh, Michelle L. Mazurek, Sean M. Segreti, Blase Ur, Lujo Bauer, Nicolas Christin, and Lorrie Faith Cranor

Carnegie Mellon University
Pittsburgh, PA

(rshay, sarangak, adurity, phuh, mmazurek, ssegreri, bur, lbauer, nicolasc, lorrie)@cmu.edu

ABSTRACT

To encourage strong passwords, system administrators em-

circumstances more secure than a conventional "strong" policy [21, 22]. However, the balance between security and us-

Default Configuration

Of Password Measuring the Effect of Pas

Saranga Komanduri¹, Richard Shay¹, Pa

On The Ecological Validi

Sascha Fahl, Marian Harbach, Y
Usable Security and P
University Ha
smith@

A Study of User Password Strategy for Multiple Accounts

S M Taiabul Haque
Department of C
University of Texas at
Arlington, TX USA
eresh03@gmail

Matthew Wright

Shannon Scielzo

topic
pass
study

Improving Text Passwords Through Persuasion

Alain Forget^{1,2}, Sonia Chiasson^{1,2}, P.C. van Oorschot¹, Robert Biddle³
¹School of Computer Science & ²Human Oriented Technology Lab
Carleton University, Ottawa, Canada
{forget, chiasson, paulv}@scs.carleton.ca, robert_biddle@carleton.ca

ABSTRACT

Despite advances in biometrics, words remain the most common password in computer systems. User levels for different passwords, the degree of similarity among the password strength levels of a user. We conduct with 80 students from a public United States. We asked the an

The Tangled Web of Passwo

Anupam Das*, Joseph Bonneau†, Matthew Caesar*, Nikita Boris

*University of Illinois at Urbana-Champaign
†daniel7_caesar@illinois.edu

From *Very Weak* to *Very Strong*: Analyzing Password-Strength Meters

Xavier de Carné de Carnavalet and Mohammad Mannan
Concordia Institute for Information Systems Engineering
Concordia University, Montreal, Canada

*International Journal of Innovative
Computing, Information and Control*
Volume 9, Number 2, February 2013

ICIC International ©2013 ISSN 1349-4198
10- 421-428

PASSWORD CRACKING BASED ON LEARNED PATTERNS FROM DISCLOSED PASSWORDS

HSIEN-CHENG CHOU¹, HUNG-CHANG LEE², HWAN-JEU YU¹, FEI-PEI LAI^{1,3}
KUO-HSUAN HUANG¹ AND CHIH-WEN HSUEH¹

¹Department of Computer Science and Information Engineering
²Graduate Institute of Biomedical Electronics and Bioinformatics
National Taiwan University
No. 1, Section 4, Roosevelt Road, Taipei 10617, Taiwan
(+886)22034-1611, (+886)22034-1611, (+886)22034-1611

³Department of Information Management
Tunkang University
No. 151, Yingzihuan Road, Tamsui District, New Taipei City 25137, Taiwan
Info@tunkang.edu.tw

The Florida State University DigiNole Commons

Electronic Theses, Treatises and Dissertations

The Graduate School

6-8-2011

Analyzing Password Strength and Efficient Password Cracking

Shiva Houshmand Yazdi
Florida State University

Questions About Guessability

- 1) How does guessability used in research compare to an attack by professionals?
- 2) Would substituting another cracking approach impact research results?

Approach

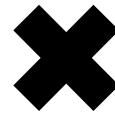
4 password sets

password
iloveyou
teamo123
...

passwordpassword
1234567812345678
!1@2#3\$4%5^6&7*8
...

Pa\$\$w0rd
iL0v3you!
1QaZ2W@x
...

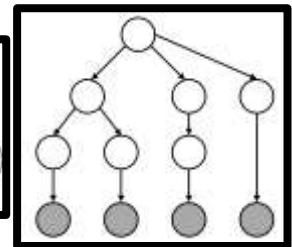
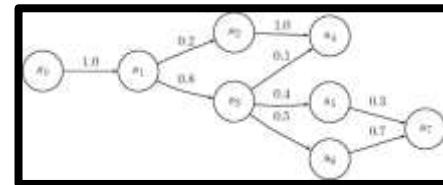
pa\$\$word1234
12345678asDF
!q1q!q1q!q1q
...



5 approaches



hashcat
advanced
password
recovery



Key Results

- Configuration is critical
- Considering single approach insufficient
 - Multiple approaches proxy for pros
- Analyses of password sets robust
 - More granular analyses not robust

Per-Password Highly Impacted

P@ssw0rd!

Per-Password Highly Impacted

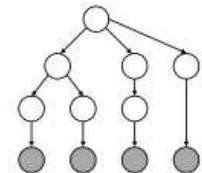
- JTR guess # 801



P@ssw0rd!

Per-Password Highly Impacted

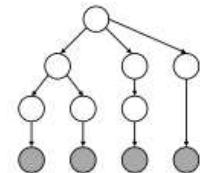
- JTR [guess # 801](#)
- Not guessed in 10^{14} PCFG guesses



P@ssw0rd!

Per-Password Highly Impacted

- JTR [guess # 801](#)
- Not guessed in 10^{14} PCFG guesses

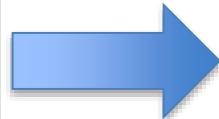


P@**S S w 0 r d !**

Password Guessability Service

- Guessability of plaintext passwords

```
asdff123#  
P@ssw0rd!  
Qwertyuiop!1  
...
```



<https://pgs.ece.cmu.edu>



FREE!

```
"Guess #", "Password"  
"127188816", "Qwertyuiop!1"  
"1853004462", "asdff123#"  
"2251762491", "P@ssw0rd!"  
...
```

The Art of Password Creation



Blase Ur, Saranga Komanduri, Lujo Bauer, Lorrie Faith Cranor, Nicolas Christin, Adam L. Durity, Phillip (Seyoung) Huh, Stephanos Matsumoto, Michelle L. Mazurek, Sean M. Segreti, Richard Shay, Timothy Vidas. The Art of Password Creation: Semantics, Strategies, and Strategies. Image Creative Commons by Lasya J on Flickr.

Reverse-Engineering Passwords

~CowScomehom3



“till the cows come home”

Key Results

- Character substitutions both infrequent and predictable
- Words and phrases frequently used
 - Wikipedia excellent source of training data
- Composition policy detrimental for some

Understanding Password Creation



Blase Ur, Fumiko Noma, Jonathan Bees, Sean M. Segreti, Richard Shay, Lujo Bauer, Nicolas Christin, Lorrie Faith Cranor. “I Added ‘!’ at the End to Make It Secure”: Observing Password Creation in the Lab. In *Proc. SOUPS*, 2015.

Understand Origin of Passwords

LEFTbrown8 !

Understand Origin of Passwords

LEFTbrown8 !



Please create a new password for your news account.

Understand Origin of Passwords

LEFTbrown8 !



Please create a new password for your news account.

Understand Origin of Passwords

LEFTbrown8 !



Please create a new password for your news account.

Key Results

- Important misconceptions
 - Digits and symbols
 - Keyboard patterns
 - Dictionary words
- Misallocation of effort in password creation

Perceptions of Password Security



Blase Ur, Jonathan Bees, Sean M. Segreti, Lujo Bauer, Nicolas Christin, Lorrie Faith Cranor. Do users' perceptions of password security match reality? In *Proc. CHI*, 2016.

Perception vs. Reality



Compare actual strength
of passwords to users'
perceptions

Measuring Perceptions

- Online study
 - Compensated \$5 for ~30 minutes
- 165 participants from Mechanical Turk
 - Age 18+, live in United States
 - Median age 33
 - 49% female, 51% male
 - 16% CS or related degree or job
 - 4% student/professional in computer security

Study Tasks

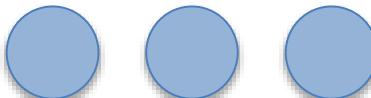
1. Evaluating password pairs

Study Tasks

1. Evaluating password pairs

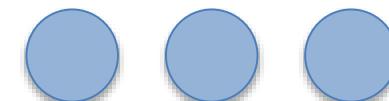
p@ssw0rd

p@ssw0rd
much more
secure



pAssw0rd

pAssw0rd
much more
secure

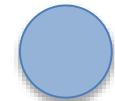
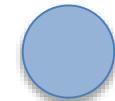
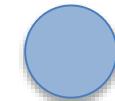


Study Tasks

1. Evaluating password pairs

p@ssw0rd

p@ssw0rd
much more
secure



pAssw0rd

pAssw0rd
much more
secure

Why?

Task 1 Hypotheses

- 25 common characteristics, e.g.,
 - Capitalization
 - Letters vs. digits vs. symbols
 - Choice of words and phrases

Task 1 Hypotheses

- 25 common characteristics, e.g.,
 - Capitalization
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 - Choice of words and phrases
- Created 3 pairs per hypothesis
 - Randomly chose 1 pair per participant

Task 1 Hypotheses

- 25 common characteristics, e.g.,
 - Capitalization
 - Letters vs. digits vs. symbols
 - Choice of words and phrases
- Created 3 pairs per hypothesis
 - Randomly chose 1 pair per participant
 - At least one password per pair from 

Study Tasks

1. Evaluating password pairs
2. Rating selected passwords

Study Tasks

1. Evaluating password pairs
2. Rating selected passwords

Please rate the **security** of the following password: *rolltide*



Please rate the **memorability** of the following password: *rolltide*



Study Tasks

1. Evaluating password pairs
2. Rating selected passwords
3. Rating creation strategies

Study Tasks

1. Evaluating password pairs
2. Rating selected passwords
3. Rating creation strategies
4. Describing attackers
 - Who, why, how

Results

1. Evaluating password pairs
2. Rating selected passwords
3. Rating creation strategies
4. Describing attackers

Evaluating Password Pairs

iloveyou88

ieatkale88

Evaluating Password Pairs

iloveyou88

ieatkale88



Evaluating Password Pairs

iloveyou88

ieatkale88



Evaluating Password Pairs

iloveyou88

ieatkale88



4,000,000,000 ×
more secure!

Evaluating Password Pairs

brooklyn16

brooklynqy

Evaluating Password Pairs

brooklyn16

brooklynqy



Evaluating Password Pairs

brooklyn16

brooklynqy



Evaluating Password Pairs

brooklyn16

brooklynqy



300,000 ×
more secure!

Ways People Were Wrong

- Overstated security benefits of:
 - Digits
 - Character substitutions (e.g., a→@)
 - Keyboard patterns (e.g., 1qaz2wsx3edc)
- Did not recognize common words/phrases

Many Ways People Were Right

- Capitalize letters other than the first
- Put digits and symbols in middle, not end
- Use symbols rather than digits
- Avoid:
 - Common first names
 - Words related to account
 - Years and sequences

If perceptions of many individual characteristics are correct, then why do people make bad passwords?

Perceptions of Attackers



Images Creative Commons by Stephen C. Webster, Jinx! (span112), and Adam Thomas on Flickr, and on Wikimedia

Perception: How Many Guesses?

Perception: How Many Guesses?

- 2 guesses (Min)

Perception: How Many Guesses?

- 2 guesses (Min)
- 100,000,000,000,000,000,000,000,
000,000,000,000,000,000,000,000,
000,000 guesses (Max)

Perception: How Many Guesses?

- 2 guesses (Min)
- 100,000,000,000,000,000,000,000,
000,000,000,000,000,000,000,000,
000,000 guesses (Max)
- $34\% \leq 50$ guesses (manual attack)

Perception: How Many Guesses?

- 2 guesses (Min)
- 100,000,000,000,000,000,000,000,
000,000,000,000,000,000,000,000,
000,000 guesses (Max)
- $34\% \leq 50$ guesses (manual attack)
- $67\% \leq 50,000$ guesses (small-scale)

Perception: How Many Guesses?

Reality: How Many Guesses?

Reality: Small-Scale Guessing

Reality: Small-Scale Guessing

- Targeted guessing by someone you know

Reality: Small-Scale Guessing

- Targeted guessing by someone you know
- Automated attack by a stranger

Reality: Small-Scale Guessing

- Targeted guessing by someone you know
- Automated attack by a stranger
 - Online: 1 – 1,000,000 guesses

Reality: Large-Scale Guessing

Reality: Large-Scale Guessing

- Against stolen database of passwords

Reality: Large-Scale Guessing

- Against stolen database of passwords
- Against password-protected file

Reality: Large-Scale Guessing

- Against stolen database of passwords
- Against password-protected file
- 1,000,000 guesses (best practices)

Reality: Large-Scale Guessing

- Against stolen database of passwords
- Against password-protected file
- 1,000,000 guesses (best practices)
- 10^{14} or more (common reality)

Perception

Small-scale

$67\% \leq 50,000$

Reality

Small-scale...

...and large-scale

$\geq 10^{14}$ guesses

Conclusions

Conclusions

- Perceptions of individual characteristics
 - Often consistent with current attacks
 - Some crucial differences

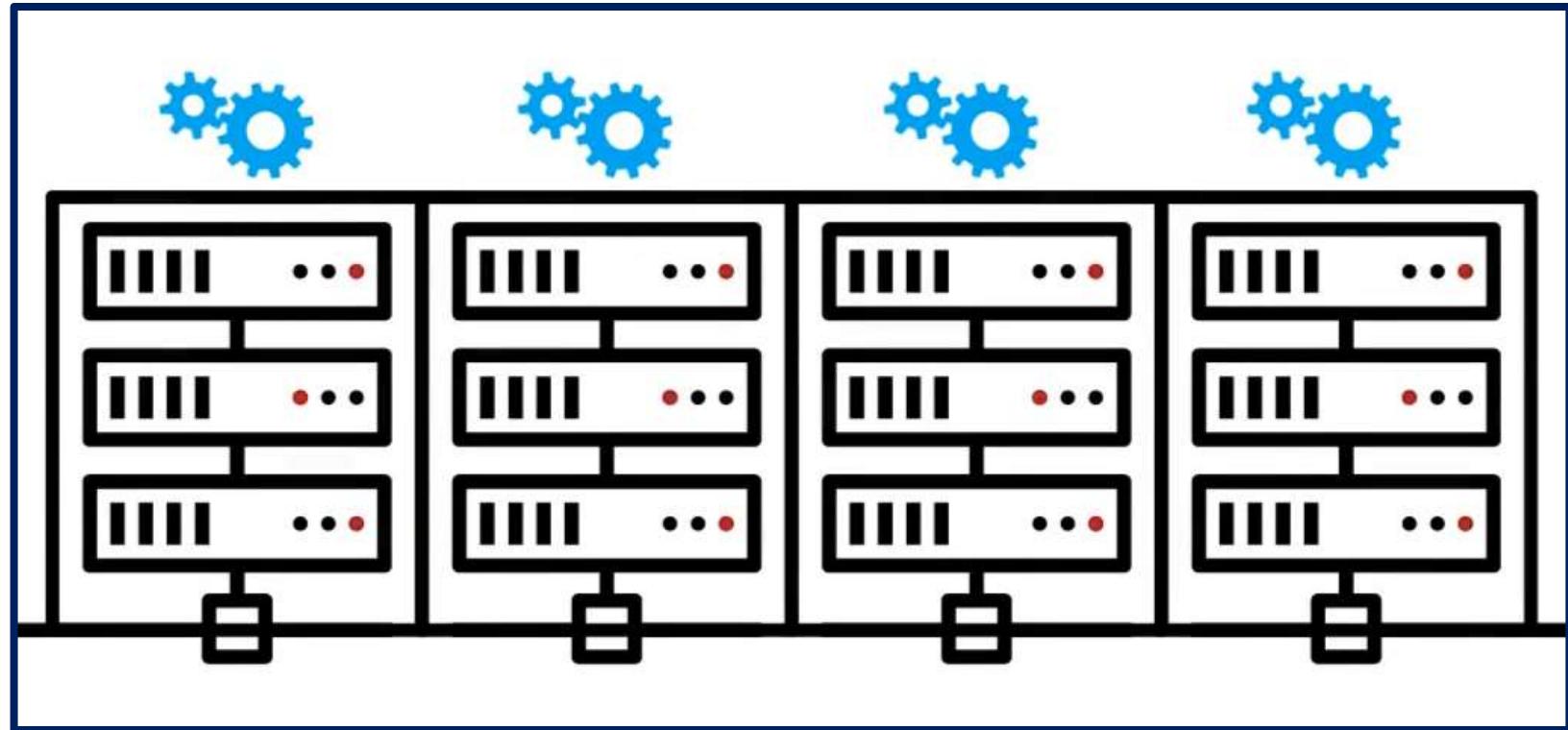
Conclusions

- Perceptions of individual characteristics
 - Often consistent with current attacks
 - Some crucial differences
- Huge variance in perceptions of attackers

Conclusions

- Perceptions of individual characteristics
 - Often consistent with current attacks
 - Some crucial differences
- Huge variance in perceptions of attackers
- Current user feedback is insufficient

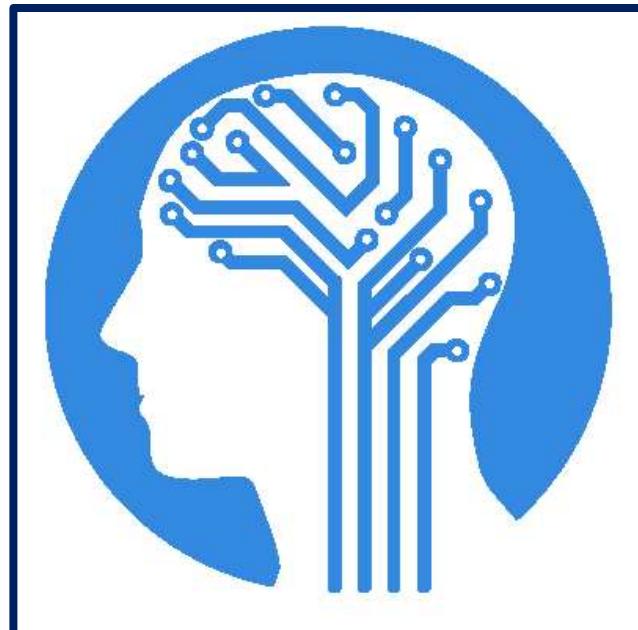
Better Password Scoring



William Melicher, Blase Ur, Sean M. Segreti, Saranga Komanduri, Lujo Bauer, Nicolas Christin, Lorrie Faith Cranor. Fast, Lean, and Accurate: Modeling Password Guessability Using Neural Networks. In *Proc. USENIX Security Symposium*, 2016.

Better Password Scoring

- Real-time feedback
- Runs entirely client-side
- Accurately models password guessability



Generating Passwords

Generating Passwords

passw → o or maybe 0 or O or ...

Generating Passwords

passw →

Next char is:

A: 3%

B: 1%

C: 0.6%

...

O: 55%

...

Z: 0.01%

0: 20%

1: ...

Generating Passwords

""

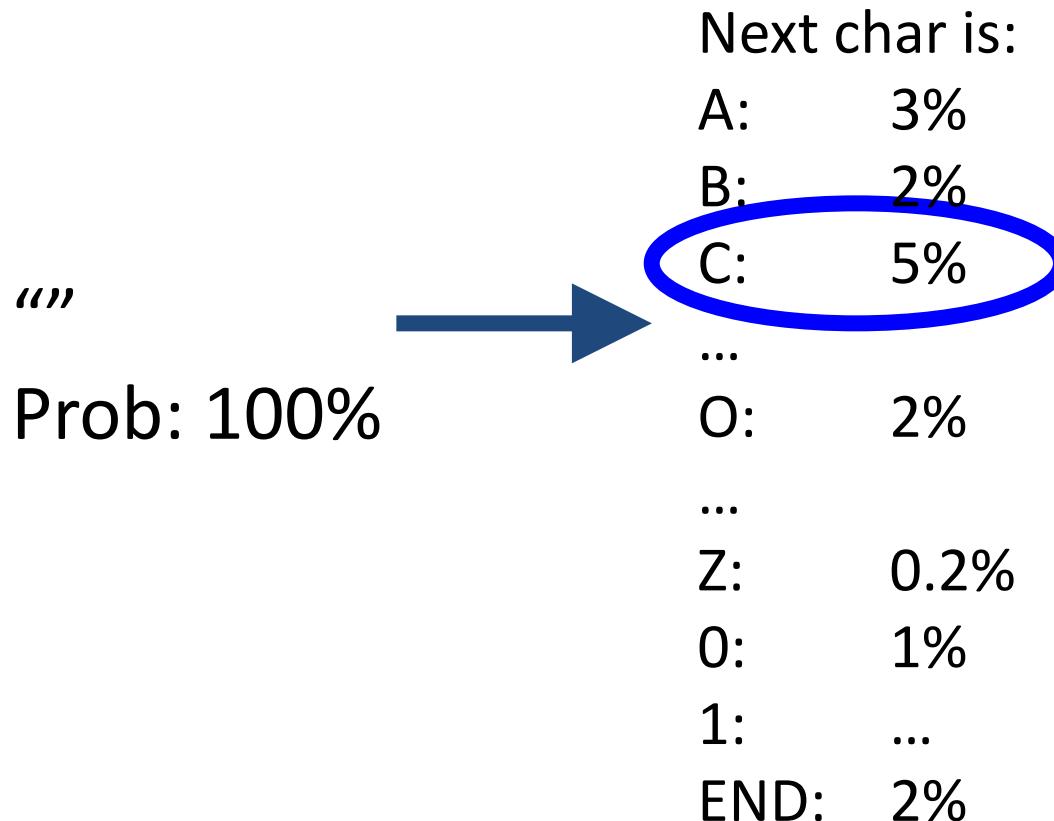
Prob: 100%



Next char is:

A:	3%
B:	2%
C:	5%
...	
O:	2%
...	
Z:	0.2%
0:	1%
1:	...
END:	2%

Generating Passwords



Generating Passwords

“C” 
Prob: 5%

Generating Passwords

“C”
Prob: 5%



Next char is:

A:	10%
B:	1%
C:	4%
...	
O:	8%
...	
Z:	0.02%
O:	3%
1:	...
END:	6%

Generating Passwords

“C”

Prob: 5%



Next char is:

A:	10%
B:	1%
C:	4%
...	
O:	8%
...	
Z:	0.02%
O:	3%
1:	...
END:	6%

Generating Passwords

“CA”

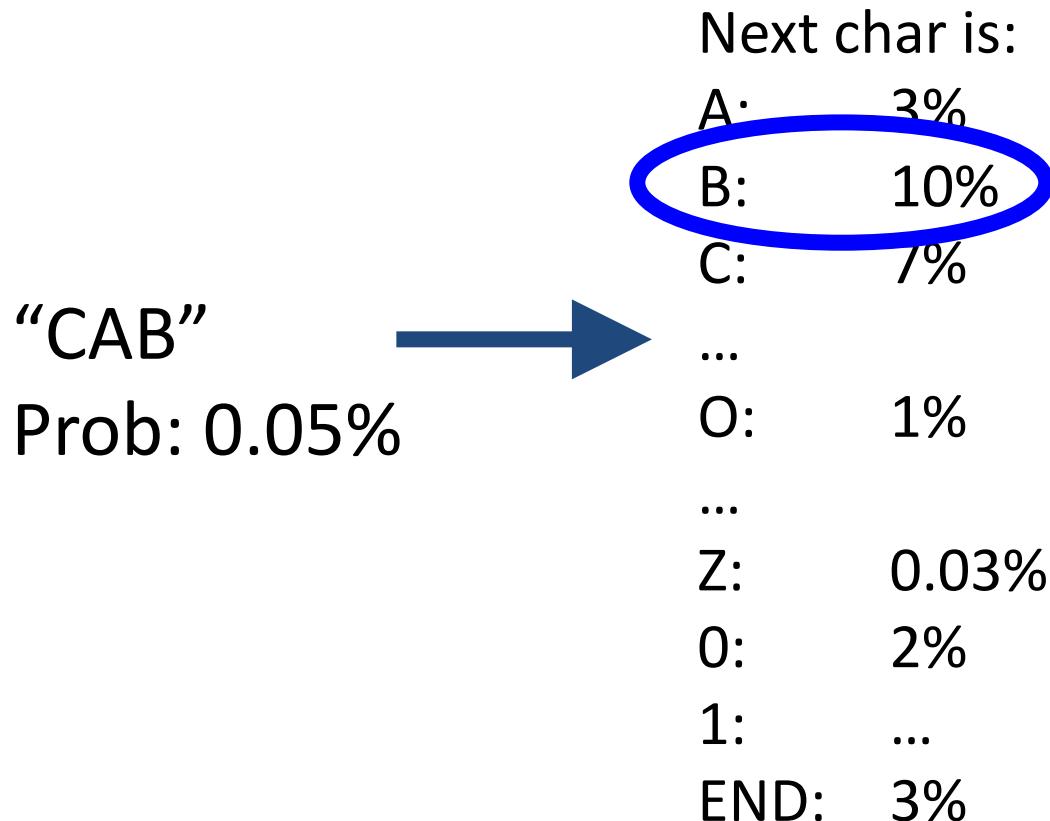
Prob: 0.5%



Next char is:

A:	3%
B:	10%
C:	7%
...	
O:	1%
...	
Z:	0.03%
O:	2%
1:	...
END:	12%

Generating Passwords



Generating Passwords

“CAB”

Prob: 0.05%



Next char is:

A: 4%

B: 3%

C: 1%

...

O: 2%

...

Z: 0.01%

0: 4%

1: ...

END: 12%

Generating Passwords

“CAB”
Prob: 0.05%



Next char is:

A:	4%
B:	3%
C:	1%
...	
O:	2%
...	
Z:	0.01%
O:	4%
1:	...
END:	12%

Generating Passwords

“CAB”

Prob: 0.006%

Generating Passwords

CAB - 0.006%

CAC - 0.0042%

ADD1 - 0.002%

CODE - 0.0013%

...

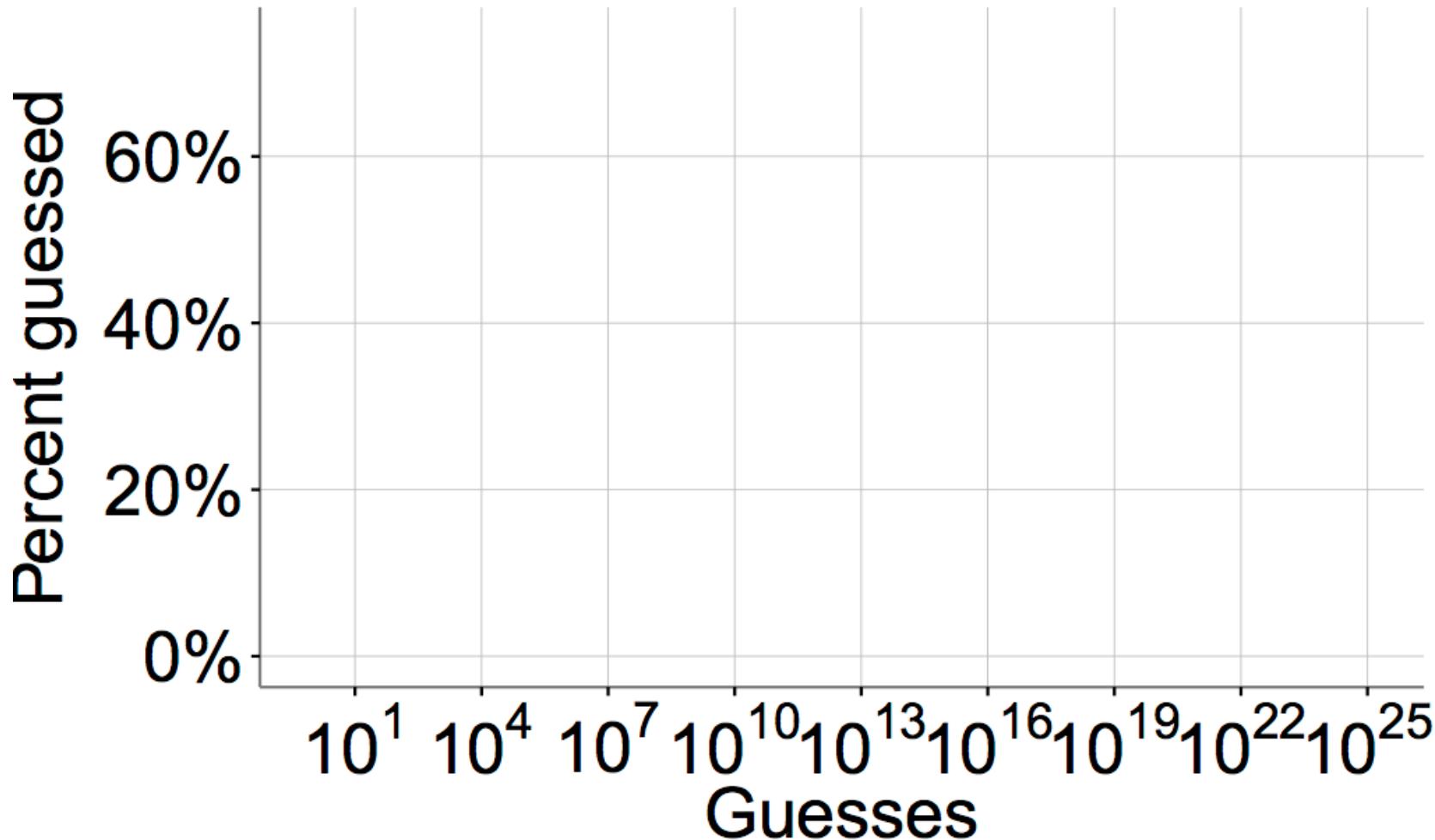
Design Space

- Model size: 3mb (browser) vs. 60mb (GPU)
- Transference learning
 - Novel password-composition policies
- Training data
 - Natural language
- (Many others)

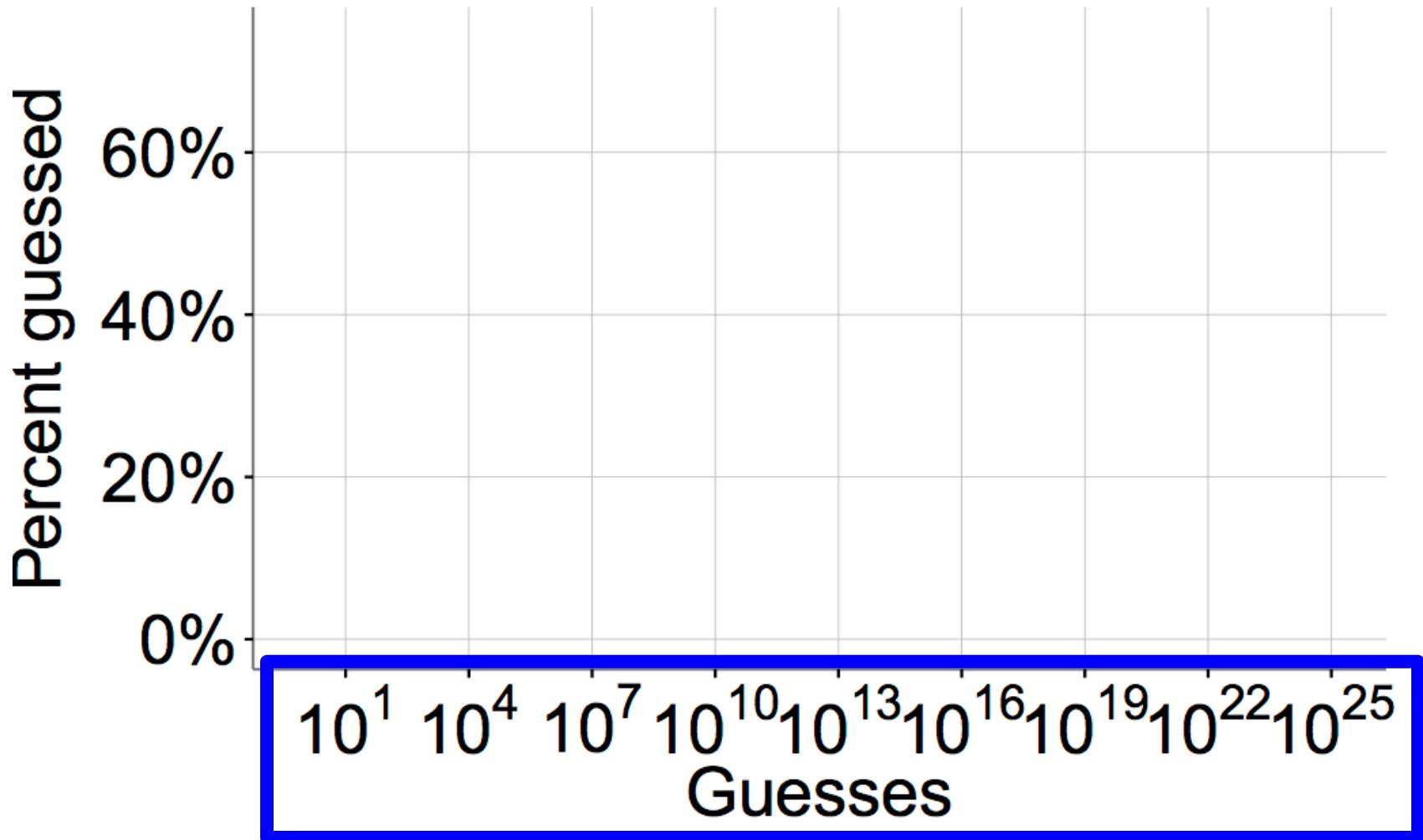
Method

- Test on many password sets
- Monte Carlo methods to estimate guess #

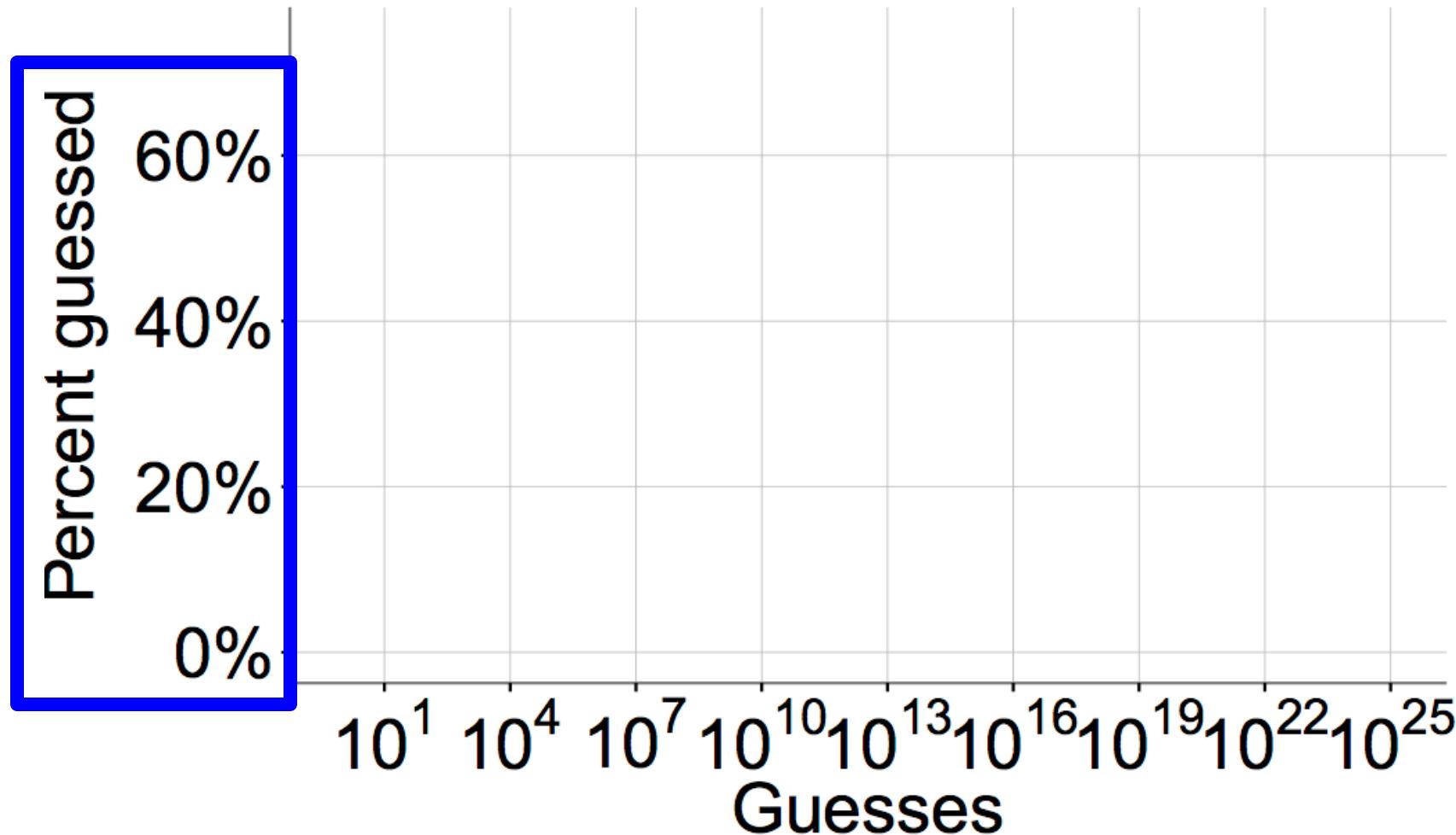
Results



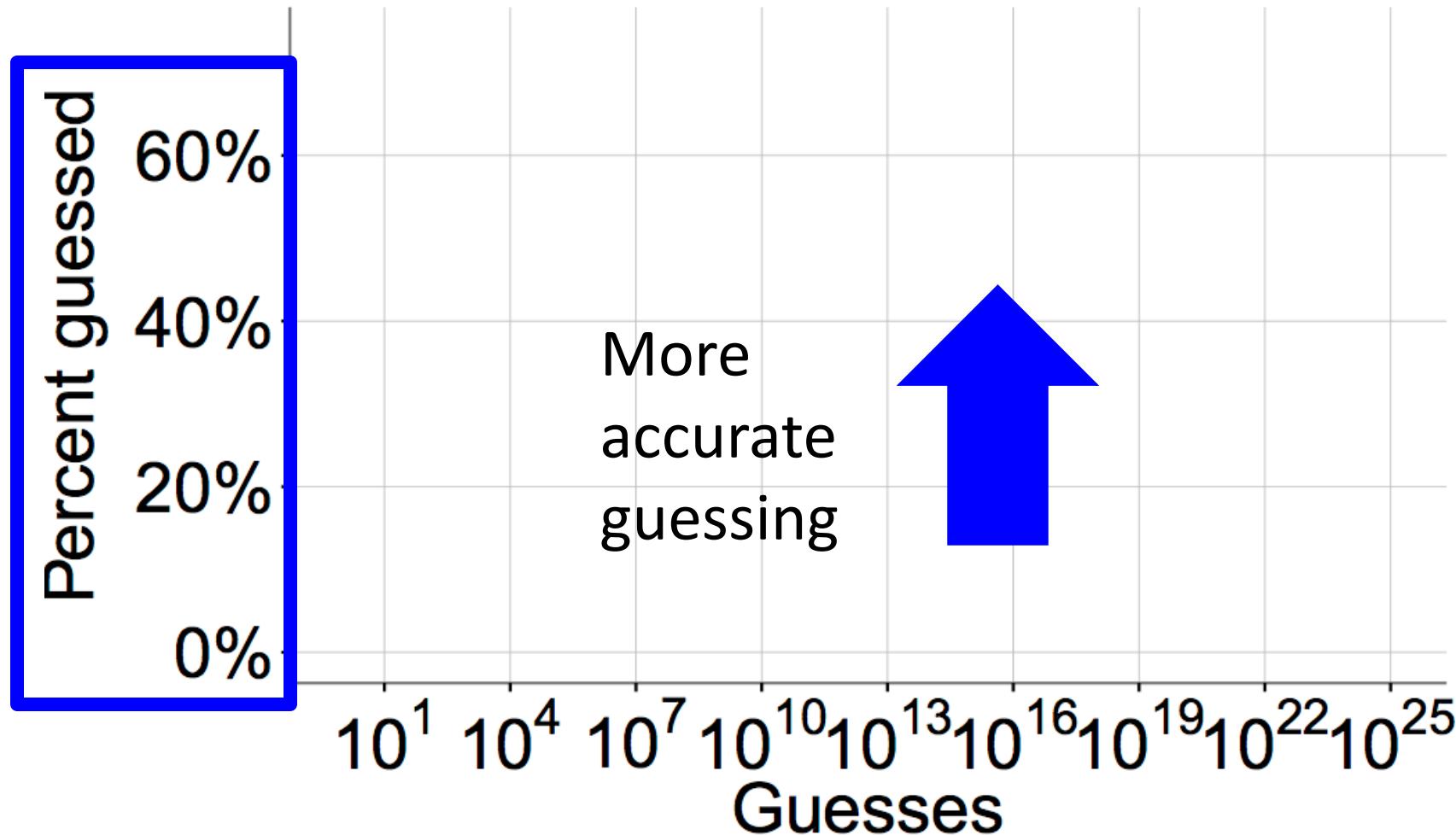
Results



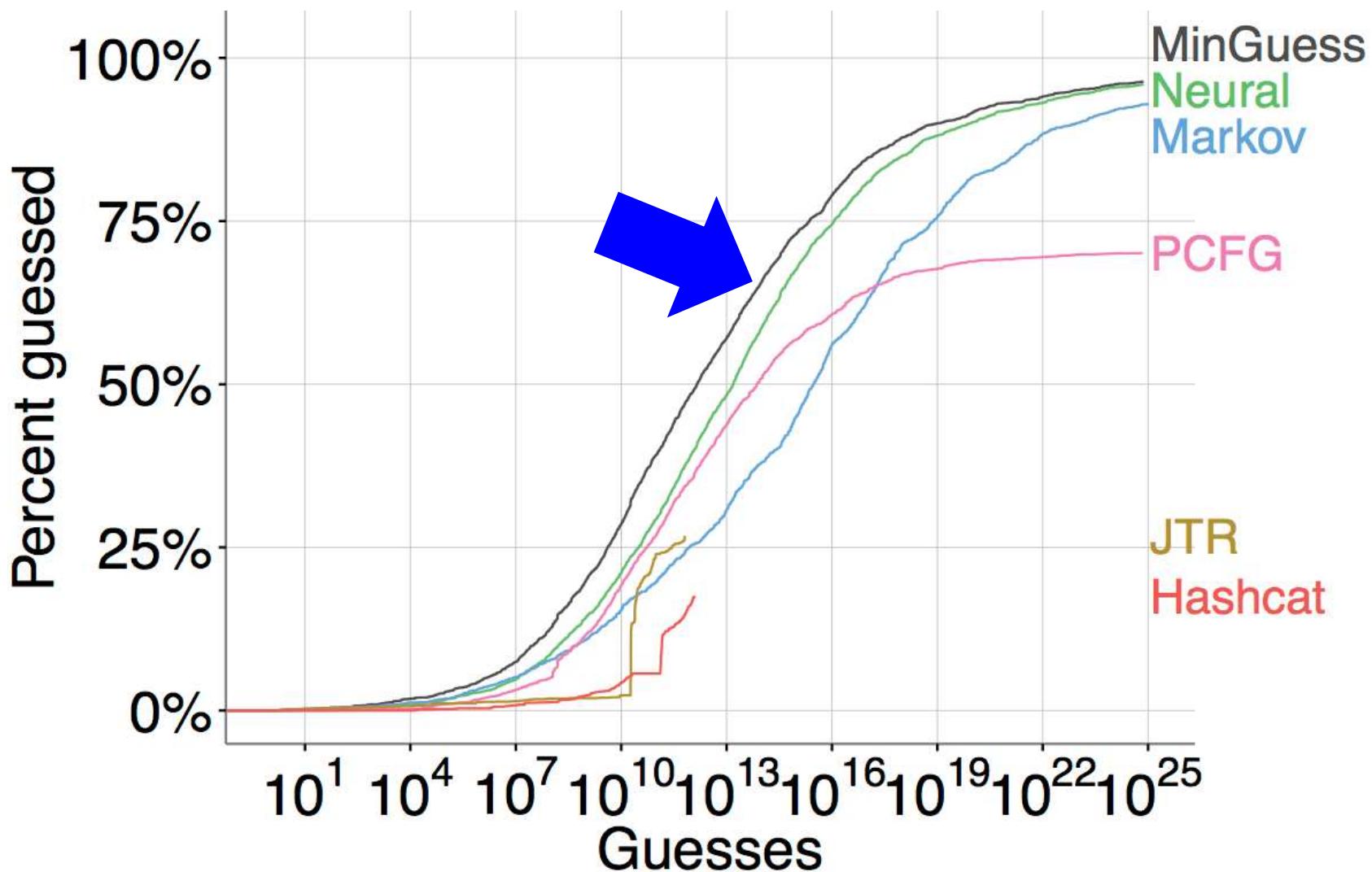
Results



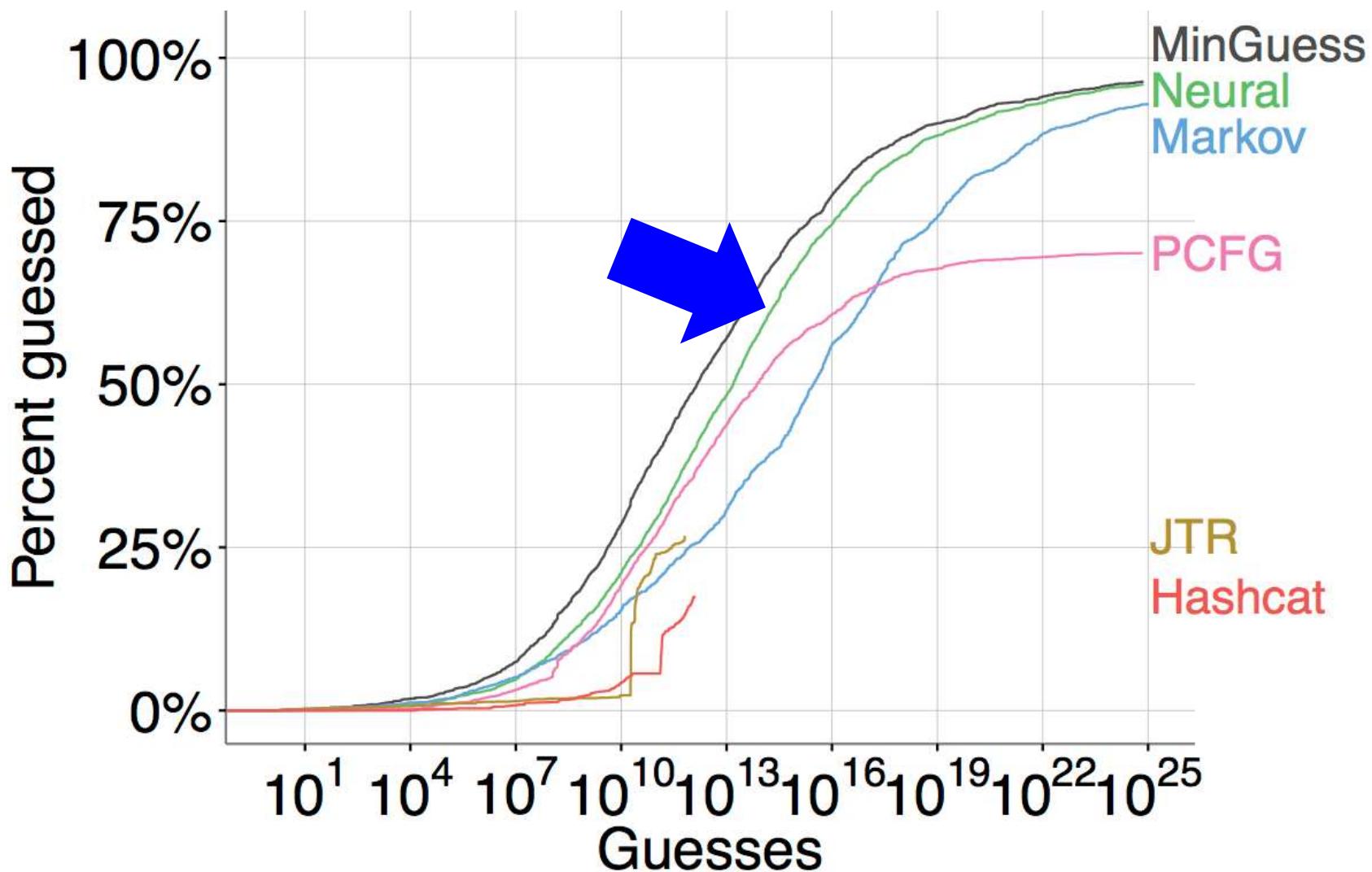
Results



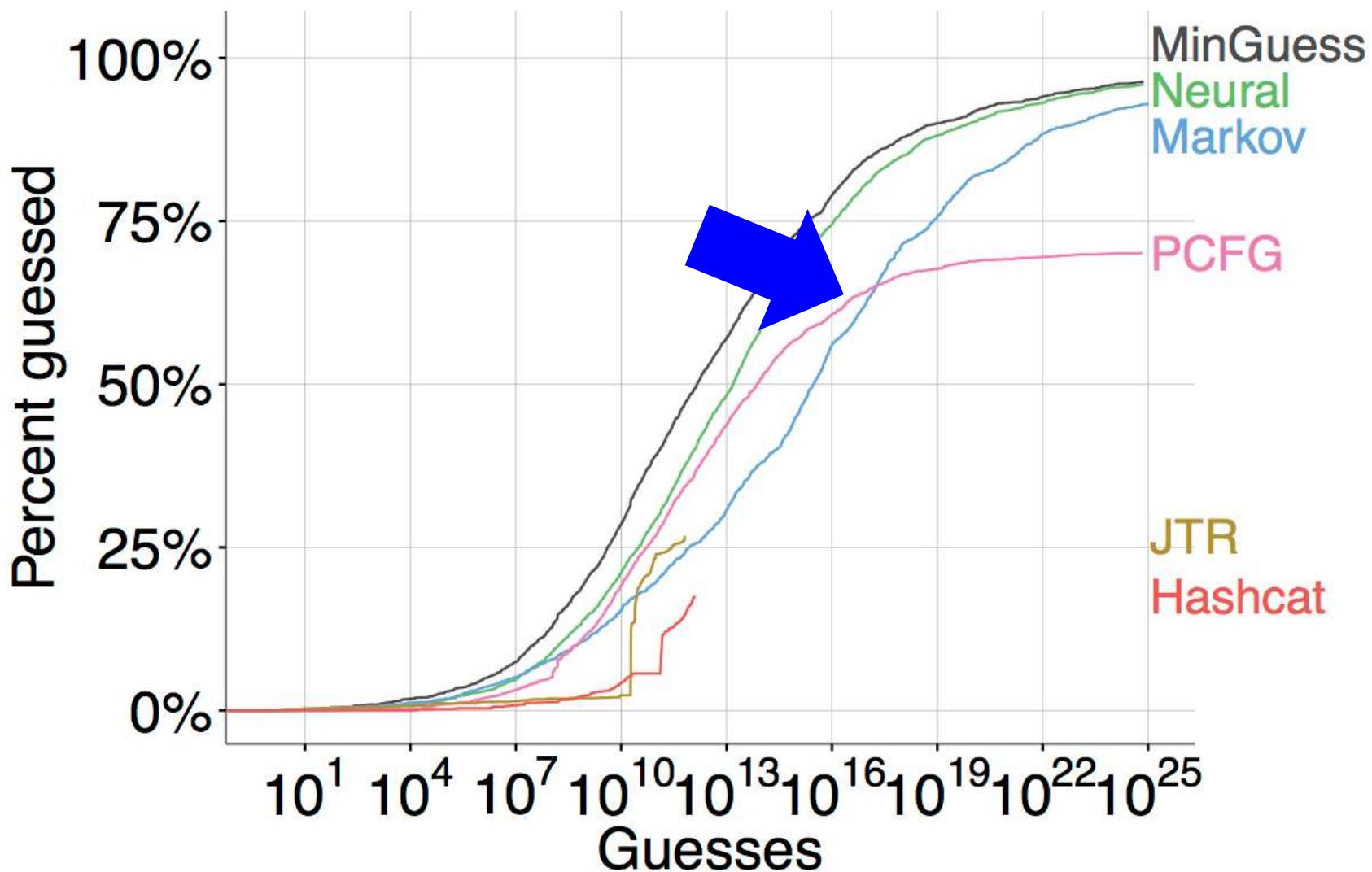
Neural Networks Guess Better



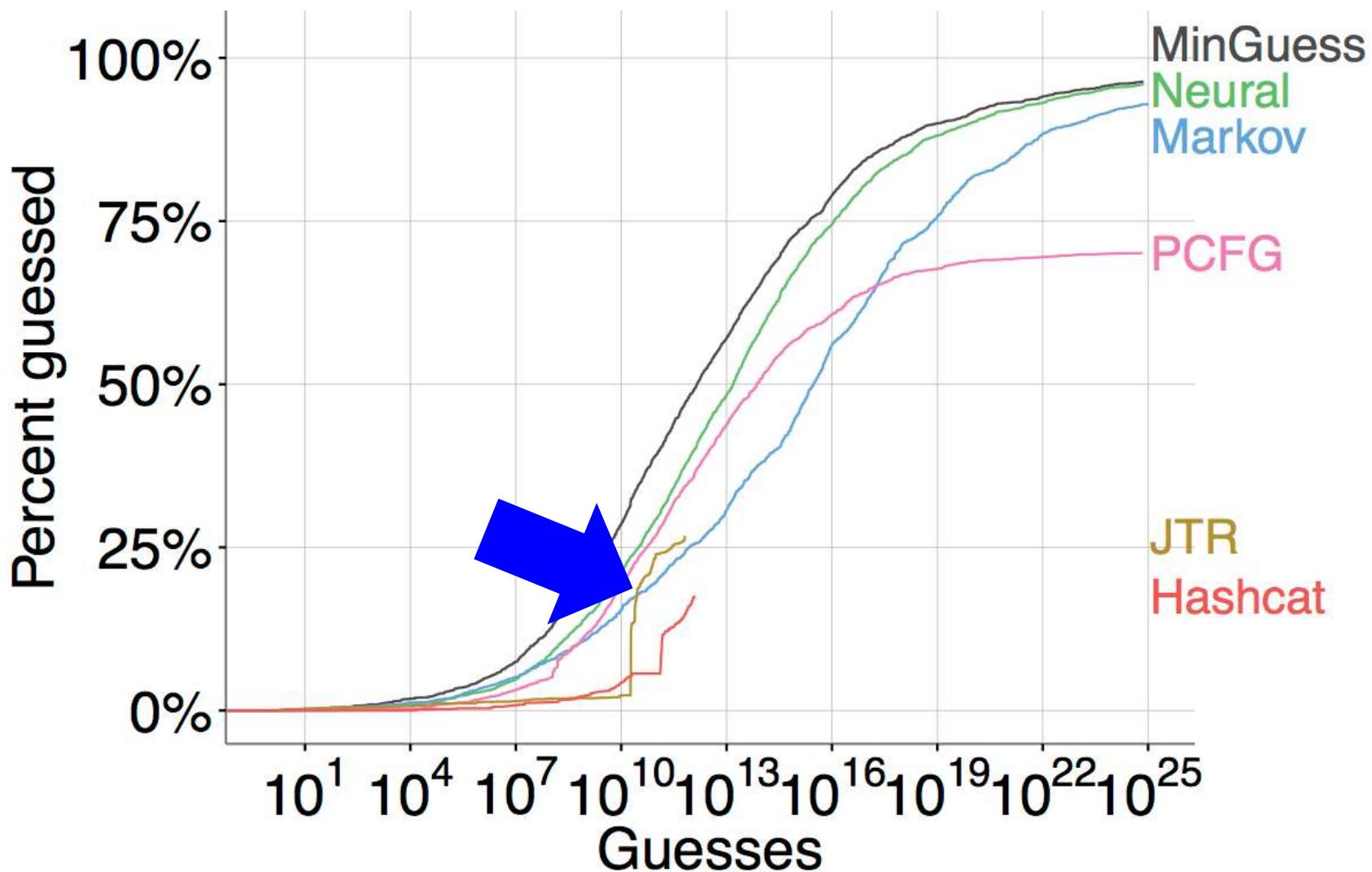
Neural Networks Guess Better



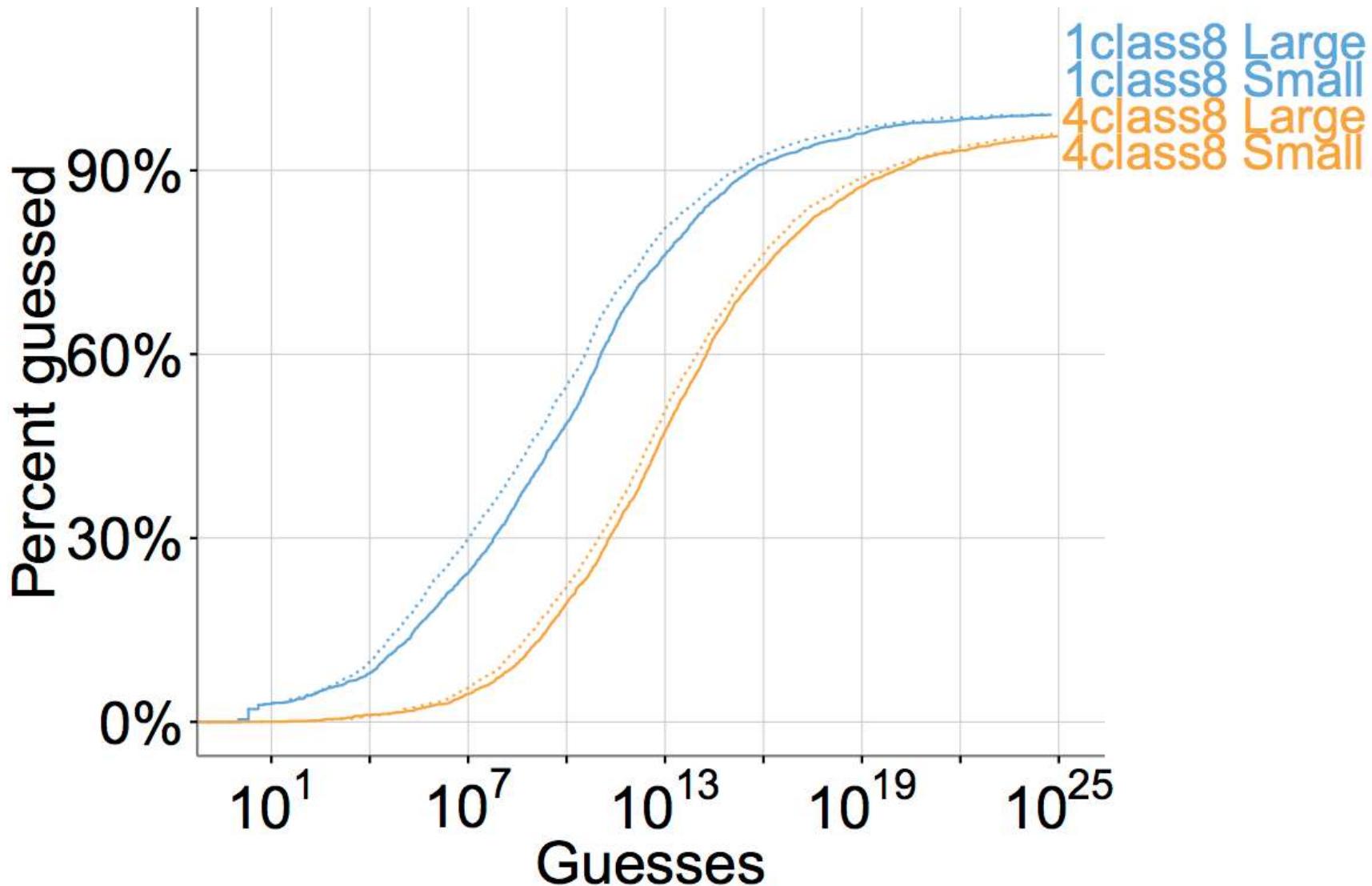
Neural Networks Guess Better



Neural Networks Guess Better



Larger Model Not Major Advantage



Browser Implementation

- Start with smaller model
- Quantize parameters
- Lossless compression
- Pre-compute inexact mapping of probabilities → guess #
- Cache intermediate results
- <1mb, ~ 17ms per character

Intelligibility

-\ (ツ) /

Building a Data-Driven Meter

Create Your Password

Username

Password Mypassword123 

Show Password & Detailed Feedback

Confirm Password

Continue

Your password is very easy to guess.

- Don't use dictionary words [\(Why?\)](#) (password)
- Capitalize a letter in the middle, rather than the first character [\(Why?\)](#)
- Consider inserting digits into the middle, not just at the end [\(Why?\)](#)

A better choice: **My123passwoRzd**

[How to make strong passwords](#)

Blase Ur, Felicia Alfieri, Maung Aung, Lujo Bauer, Nicolas Christin, Jessica Colnago, Lorrie Faith Cranor, Henry Dixon, Pardis Emami Naeini, Hana Habib, Noah Johnson, William Melicher. Development and Evaluation of a Data-Driven Password Meter. In *Proc. CHI*, 2017.



We designed & tested a meter with:

- 1) Principled strength estimates
- 2) Data-driven feedback to users



- 1) Principled strength estimates
- 2) Data-driven feedback to users

- 1) Principled strength estimates
- 2) Data-driven feedback to users

Provide Intelligible Explanations

Unic0rns

Don't use simple transformations of words or phrases (**unicorns** → **Unic0rns**)

Capitalize a letter in the middle, rather than the first character

- 21 characteristics
- Weightings determined with regression

We designed & tested a meter with:

Main Screen...

Create Your Password

Username
blase

Password

Show Password

Continue

Don't reuse a password from another account! [\(Why?\)](#)

Your password must:

- Contain 12+ characters
- Use 3+ of the following: uppercase letters; lowercase letters; digits; symbols

[How to make strong passwords](#)

...Shows Requirements

Create Your Password

Username
blase

Password

Show Password

Don't reuse a password from another account! [\(Why?\)](#)

Your password must:

Contain 12+ characters

Use 3+ of the following: uppercase letters; lowercase letters; digits; symbols

[How to make strong passwords](#)

...Emphasizes Avoiding Reuse

Create Your Password

Username
blase

Password

Show Password

Don't reuse a password from another account! [\(Why?\)](#)

Your password must:

- Contain 12+ characters
- Use 3+ of the following: uppercase letters; lowercase letters; digits; symbols

[How to make strong passwords](#)

...Provides Abstract Advice

The screenshot shows a password creation interface with the following elements:

- Create Your Password** (Section Header)
- Username:** blase (Input Field)
- Password:** (Input Field showing masked password: *********)
- Show Password** (Link)
- Continue** (Blue Button)
- Abstract Advice Box:** A callout box containing:
 - Don't reuse a password from another account!** ([Why?](#))
 - Your password must:**
 - Contain 12+ characters**
 - Use 3+ of the following: uppercase letters; lowercase letters; digits; symbols**
- How to make strong passwords** (Link, highlighted with a red border)

After Requirements Are Met...

Create Your Password

Username
blase

Password
.....

Show Password & Detailed Feedback

Confirm Password

Continue

Your password could be better.

- Don't use dictionary words or [\(Why?\)](#) words used on Wikipedia
- Consider inserting digits into [\(Why?\)](#) the middle
- Consider making your [\(Why?\)](#) password longer

**See Your Password
With Our Improvements**

[How to make strong passwords](#)

...Displays Score Visually

Create Your Password

Username
blase

Password
.....
SHOW Password & Detailed Feedback

Confirm Password

Continue

Your password could be better.

- Don't use dictionary words or (Why?) words used on Wikipedia
- Consider inserting digits into (Why?) the middle
- Consider making your (Why?) password longer

See Your Password With Our Improvements

[How to make strong passwords](#)

...Provides Text Feedback

Create Your Password

Username
blase

Password
.....

Show Password & Detailed Feedback

Confirm Password

Your password could be better.

- Don't use dictionary words or [\(Why?\)](#)
words used on Wikipedia
- Consider inserting digits into [\(Why?\)](#)
the middle
- Consider making your [\(Why?\)](#)
password longer

[See Your Password
With Our Improvements](#)

[How to make strong passwords](#)

...Gives Detail (Password Shown)

Create Your Password

Username
blase

Password
CryptoUnicorn3|

Show Password & Detailed Feedback

Confirm Password

[Continue](#)

Your password could be better.

- Don't use dictionary words (Unicorn) or words used on Wikipedia (Crypto) [\(Why?\)](#)
- Consider inserting digits into the middle, not just at the end [\(Why?\)](#)
- Consider making your password longer than 14 characters [\(Why?\)](#)

A better choice: C3ryptoUniCorn@

[How to make strong passwords](#)

...Offers Explanations

Create Your Password

Username
blase

Password
CryptoUnicorn3|

Show Password & Detailed Feedback

Confirm Password

[Continue](#)

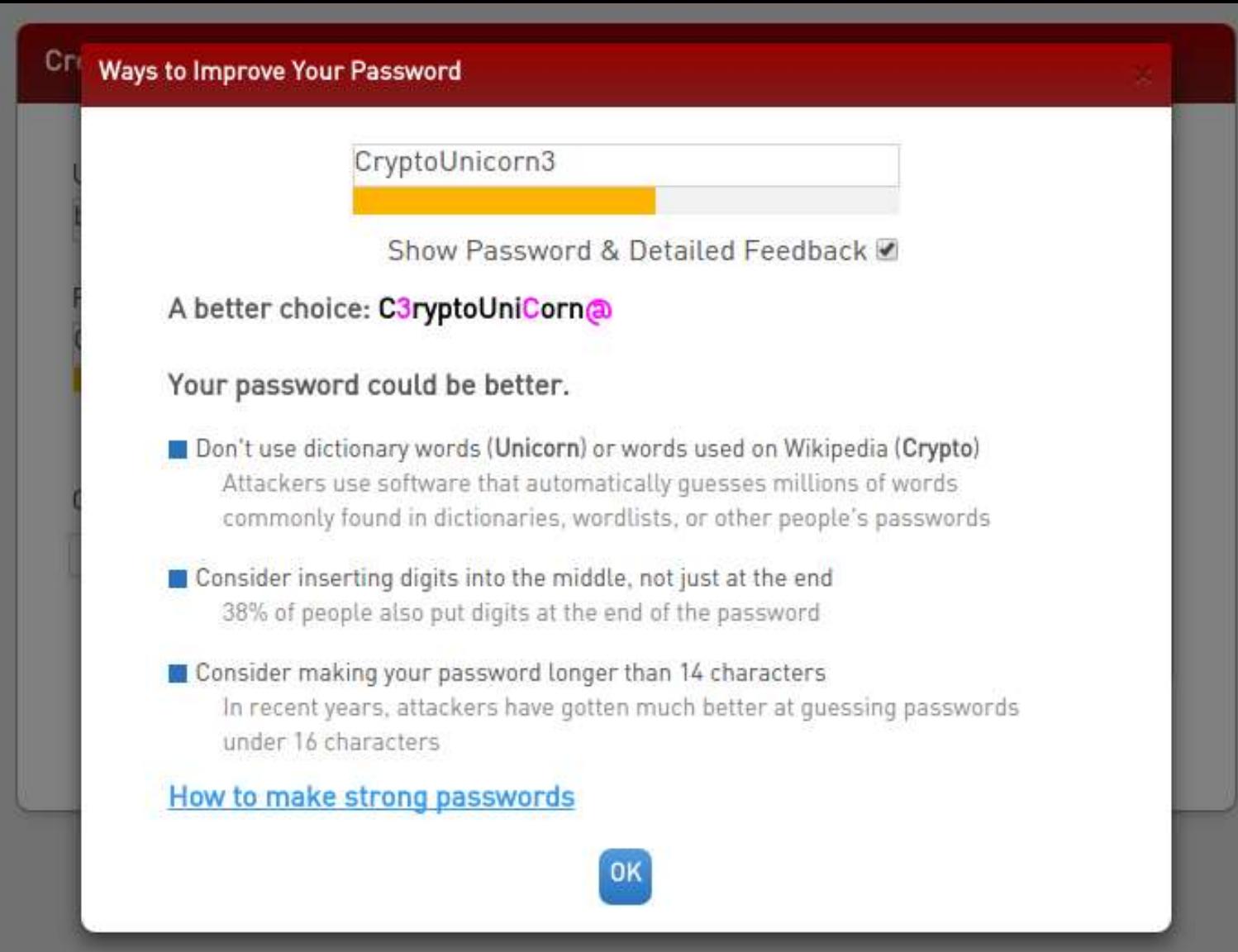
Your password could be better.

- Don't use dictionary words (Unicorn) or words used on Wikipedia (Crypto) [\(Why?\)](#)
- Consider inserting digits into the middle, not just at the end [\(Why?\)](#)
- Consider making your password longer than 14 characters [\(Why?\)](#)

A better choice: C3ryptoUniCorn@

[How to make strong passwords](#)

Explanations Shown in Modal



The image shows a modal window titled "Ways to Improve Your Password" with a red header bar. The main content area displays a password input field containing "CryptoUnicorn3" with a yellow progress bar underneath. A checked checkbox labeled "Show Password & Detailed Feedback" is present. Below the input field, the text "A better choice: C3ryptoUniCorn@" is shown in pink. A message "Your password could be better." is displayed in gray. Three blue bullet points provide tips: 1. "Don't use dictionary words (Unicorn) or words used on Wikipedia (Crypto)" with a sub-note about attackers using software to guess common words. 2. "Consider inserting digits into the middle, not just at the end" with a sub-note that 38% of people put digits at the end. 3. "Consider making your password longer than 14 characters" with a sub-note about attackers getting better at guessing shorter passwords. At the bottom, a blue "OK" button is visible.

CryptoUnicorn3

Show Password & Detailed Feedback

A better choice: C3ryptoUniCorn@

Your password could be better.

- Don't use dictionary words (Unicorn) or words used on Wikipedia (Crypto)
Attackers use software that automatically guesses millions of words commonly found in dictionaries, wordlists, or other people's passwords
- Consider inserting digits into the middle, not just at the end
38% of people also put digits at the end of the password
- Consider making your password longer than 14 characters
In recent years, attackers have gotten much better at guessing passwords under 16 characters

[How to make strong passwords](#)

OK

We designed & **tested** a meter with:

Evaluation

- 2-part online study
 - 1) Create password; survey; recall password
(48 hours later, send automated email)
 - 2) Recall password; survey
- 4,509 Mechanical Turk participants
 - Between-subjects
 - Full-factorial design along three dimensions

Dimension 1: Composition Policy

- 8+ characters (1class8)

password

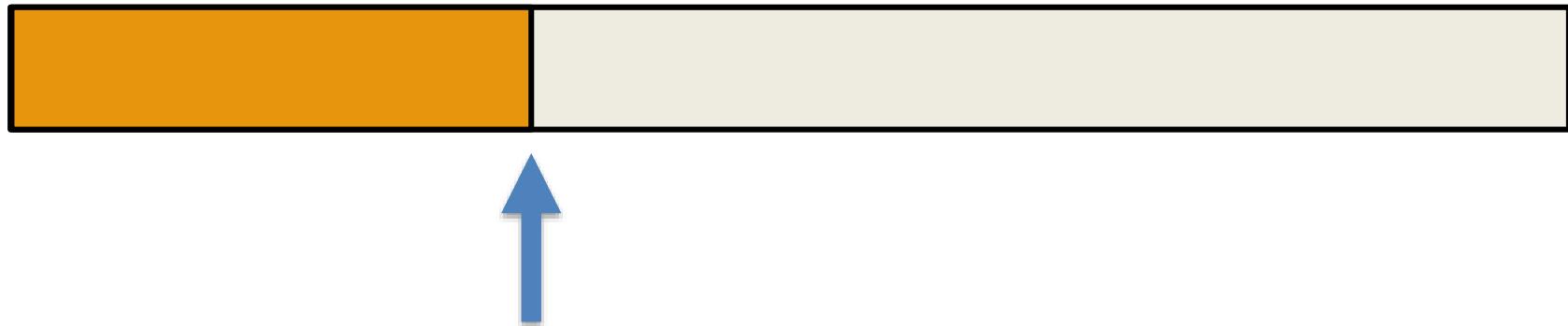
- 12+ characters, 3+ classes (3class12)

Password1234

Dimension 2: Stringency

- Low
- Medium
- High

Dimension 2: Stringency



- Low 10^4 guesses
- Medium 10^6 guesses
- High 10^8 guesses

Dimension 2: Stringency



- Low 10^4 guesses 10^8 guesses
- Medium 10^6 guesses 10^{12} guesses
- High 10^8 guesses 10^{16} guesses

Dimension 3: Feedback

No Feedback

Create Your Password

Username
blase

Password

Show Password & Detailed Feedback

Confirm Password
[empty input field]

Continue

Bar Only

Create Your Password

Username

Password

SHOW PASSWORD & Detailed Feedback

Confirm Password

Continue

Public (Non-Sensitive) Feedback

Create Your Password

Username
blase

Password

Show Password & Detailed Feedback

Confirm Password

Continue

Your password could be better.

- Don't use dictionary words or [\(Why?\)](#) words used on Wikipedia
- Consider inserting digits into [\(Why?\)](#) the middle
- Consider making your [\(Why?\)](#) password longer

See Your Password With Our Improvements

[How to make strong passwords](#)

Standard Feedback

Create Your Password

Username
blase

Password
CryptoUnicorn3|

Show Password & Detailed Feedback

Confirm Password

[Continue](#)

Your password could be better.

- Don't use dictionary words (**Unicorn**) or words used on Wikipedia (**Crypto**) [\(Why?\)](#)
- Consider inserting digits into the middle, not just at the end [\(Why?\)](#)
- Consider making your password longer than 14 characters [\(Why?\)](#)

A better choice: C3ryptoUniCorn@

[How to make strong passwords](#)

Standard Feedback

Create Your Password

Username
blase

Password
CryptoUnicorn3|

Show Password & Detailed Feedback

Confirm Password

Continue

Your password could be better.

- Don't use dictionary words (**Unicorn**) or words used on Wikipedia (**Crypto**) [\(Why?\)](#)
- Consider inserting digits into the middle, not just at the end [\(Why?\)](#)
- Consider making your password longer than 14 characters [\(Why?\)](#)

A better choice: C3ryptoUniCorn@

[How to make strong passwords](#)

Standard Feedback

Create Your Password

Username
blase

Password

Confirm Password

Continue

Your password could be better.

- Don't use dictionary words (Unicorn) or words used on Wikipedia (Crypto) [\(Why?\)](#)

A better choice: C3ryptoUniCorn@

- Consider making your password longer than 14 characters [\(Why?\)](#)

A better choice: C3ryptoUniCorn@

[How to make strong passwords](#)

The image shows a password creation interface with a red box highlighting the generated password suggestion 'A better choice: C3ryptoUniCorn@' and a link to 'How to make strong passwords'. Another red box highlights the same suggestion and link. A feedback box on the right suggests not using dictionary words like 'Unicorn' or 'Crypto' and recommends making the password longer than 14 characters.

Standard, No Suggested Improvement

Create Your Password

Username
blase

Password
CryptoUnicorn3|

Show Password & Detailed Feedback

Confirm Password

Continue

Your password could be better.

- Don't use dictionary words (**Unicorn**) or words used on Wikipedia (**Crypto**) [\(Why?\)](#)
- Consider inserting digits into the middle, not just at the end [\(Why?\)](#)
- Consider making your password longer than 14 characters [\(Why?\)](#)

[How to make strong passwords](#)

Standard, No Bar

Create Your Password

Username
blase

Password
CryptoUnicorn3|

Show Password & Detailed Feedback

Confirm Password

Continue

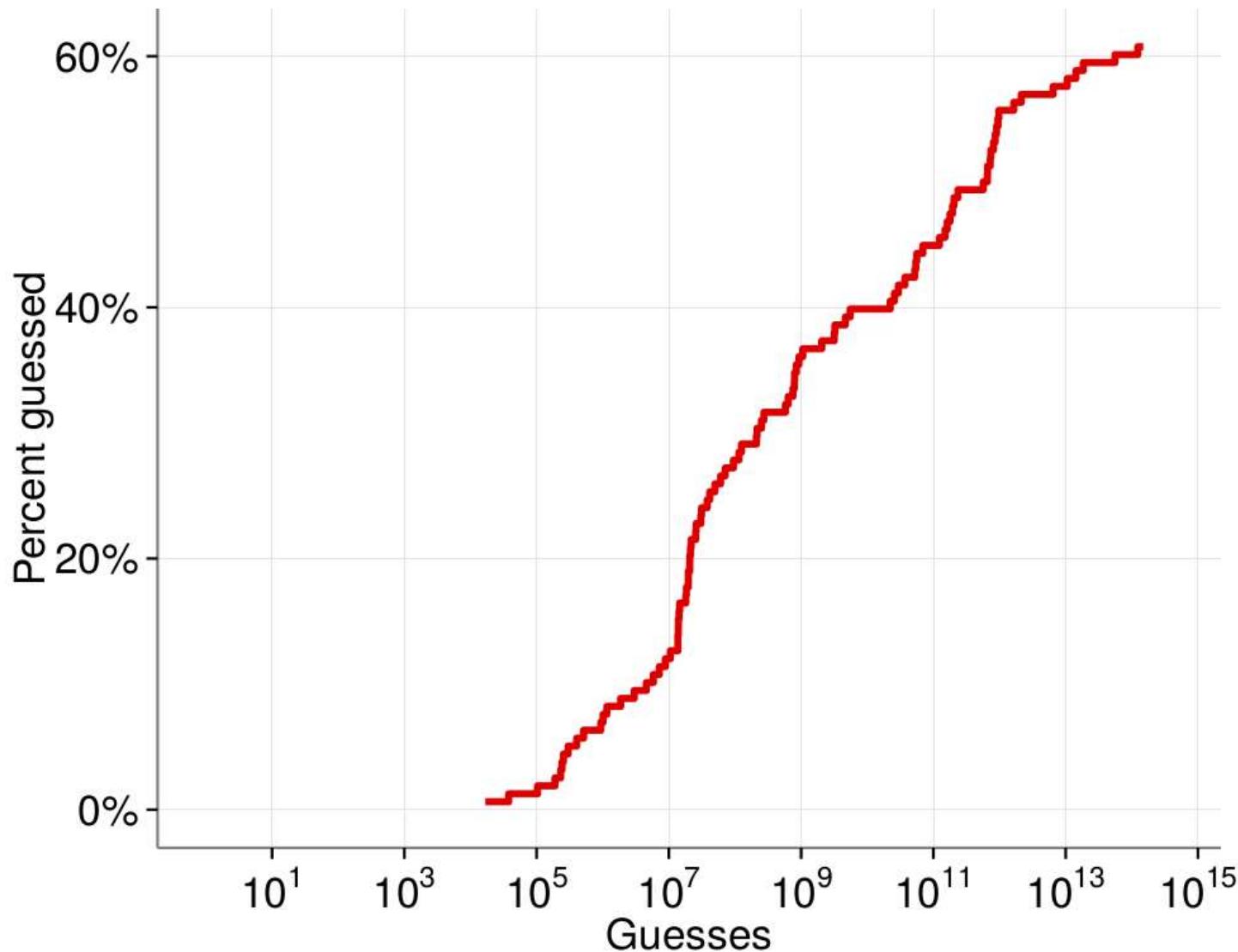
Your password could be better.

- Don't use dictionary words (**Unicorn**) or words used on Wikipedia (**Crypto**) [\(Why?\)](#)
- Consider inserting digits into the middle, not just at the end [\(Why?\)](#)
- Consider making your password longer than 14 characters [\(Why?\)](#)

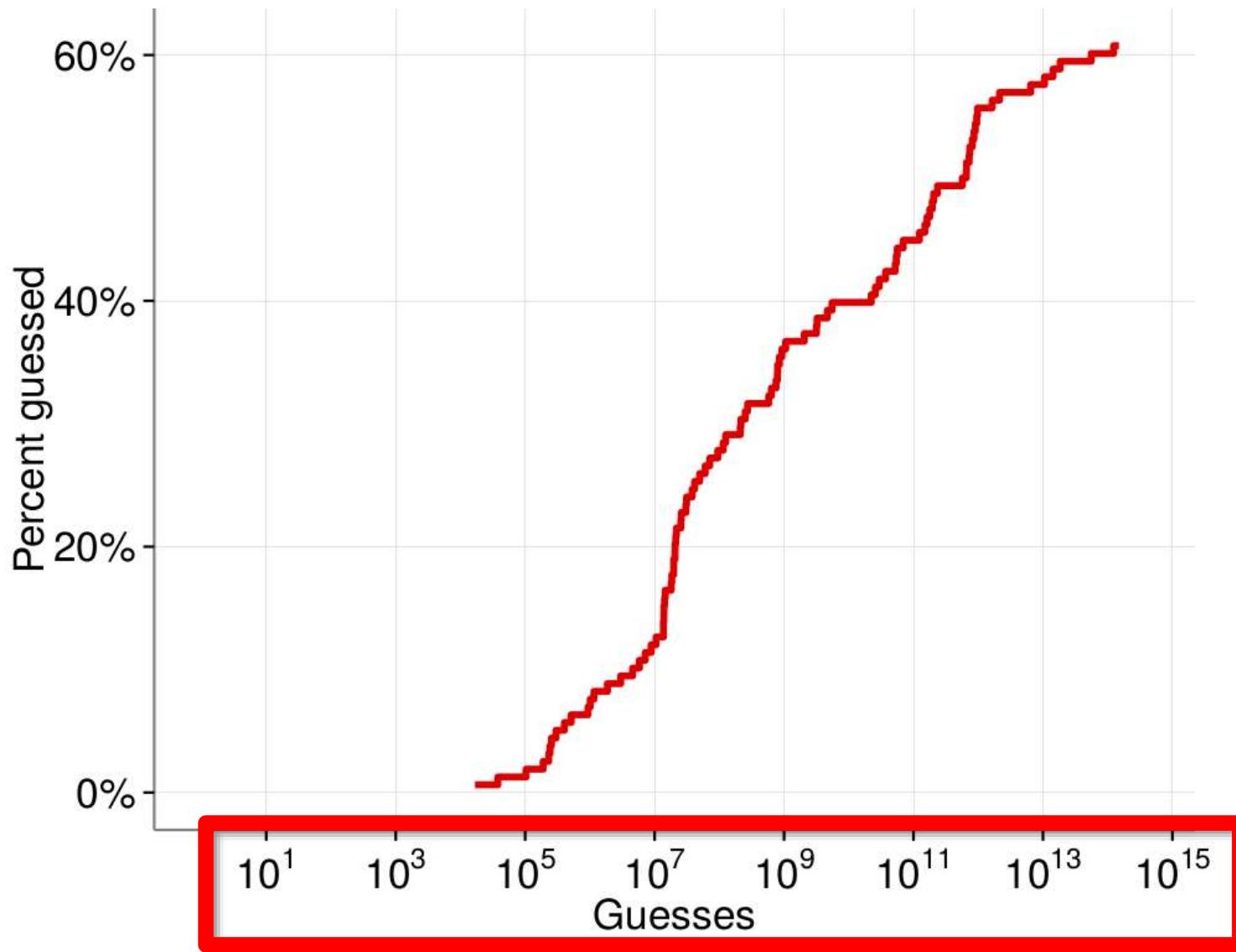
A better choice: **C3ryptoUniCorn@**

[How to make strong passwords](#)

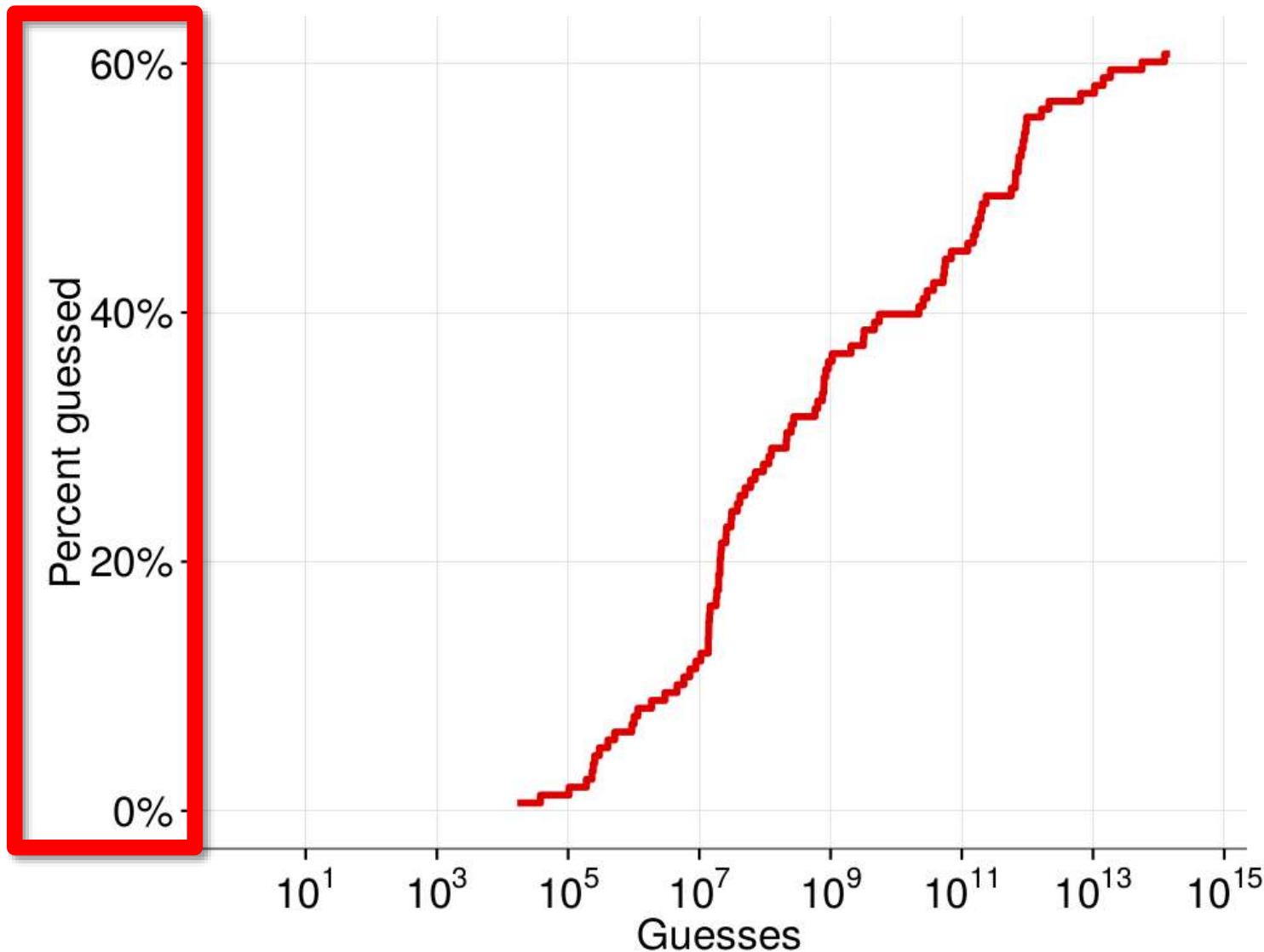
Measure Password Guessability



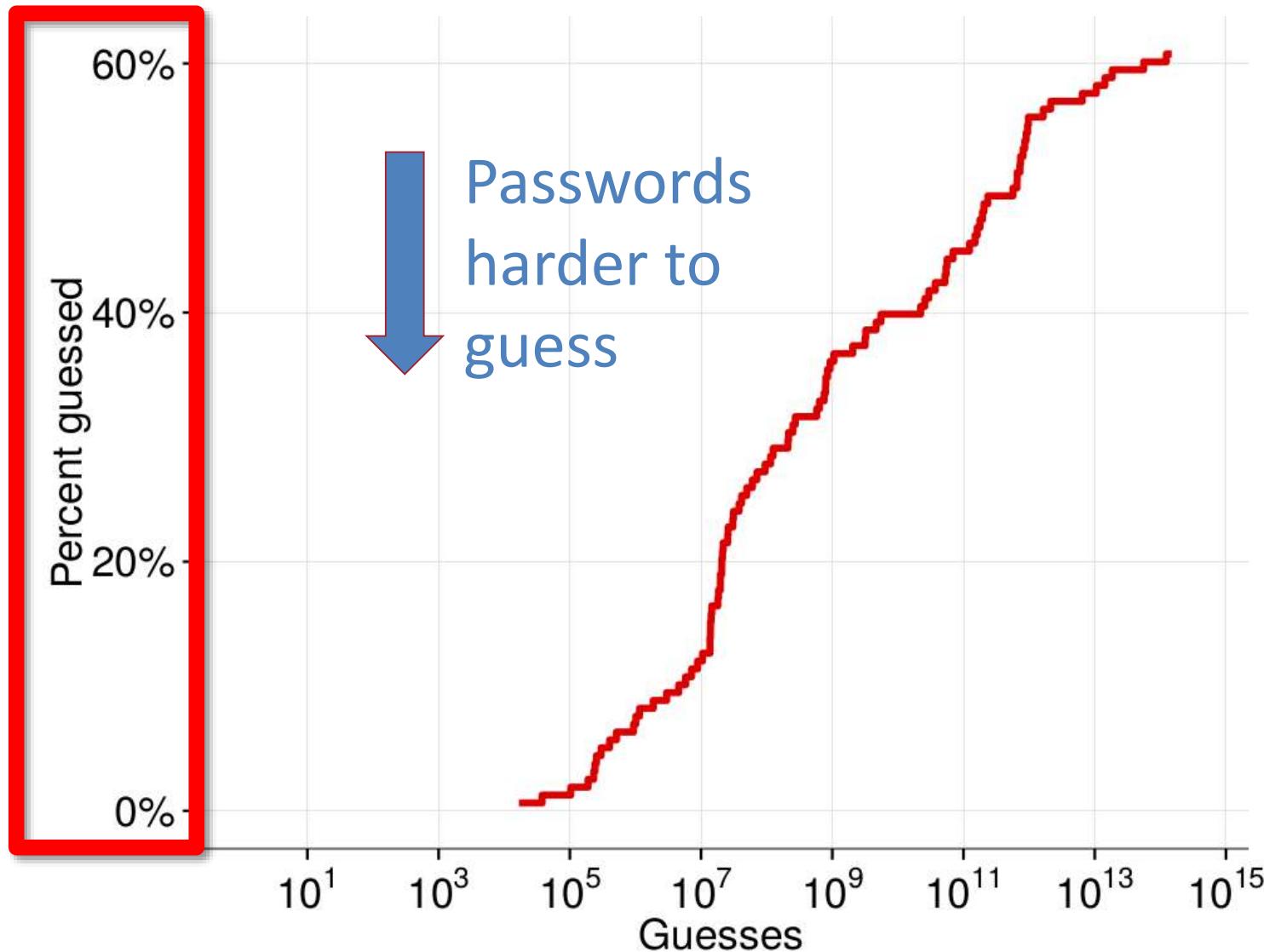
Measure Password Guessability



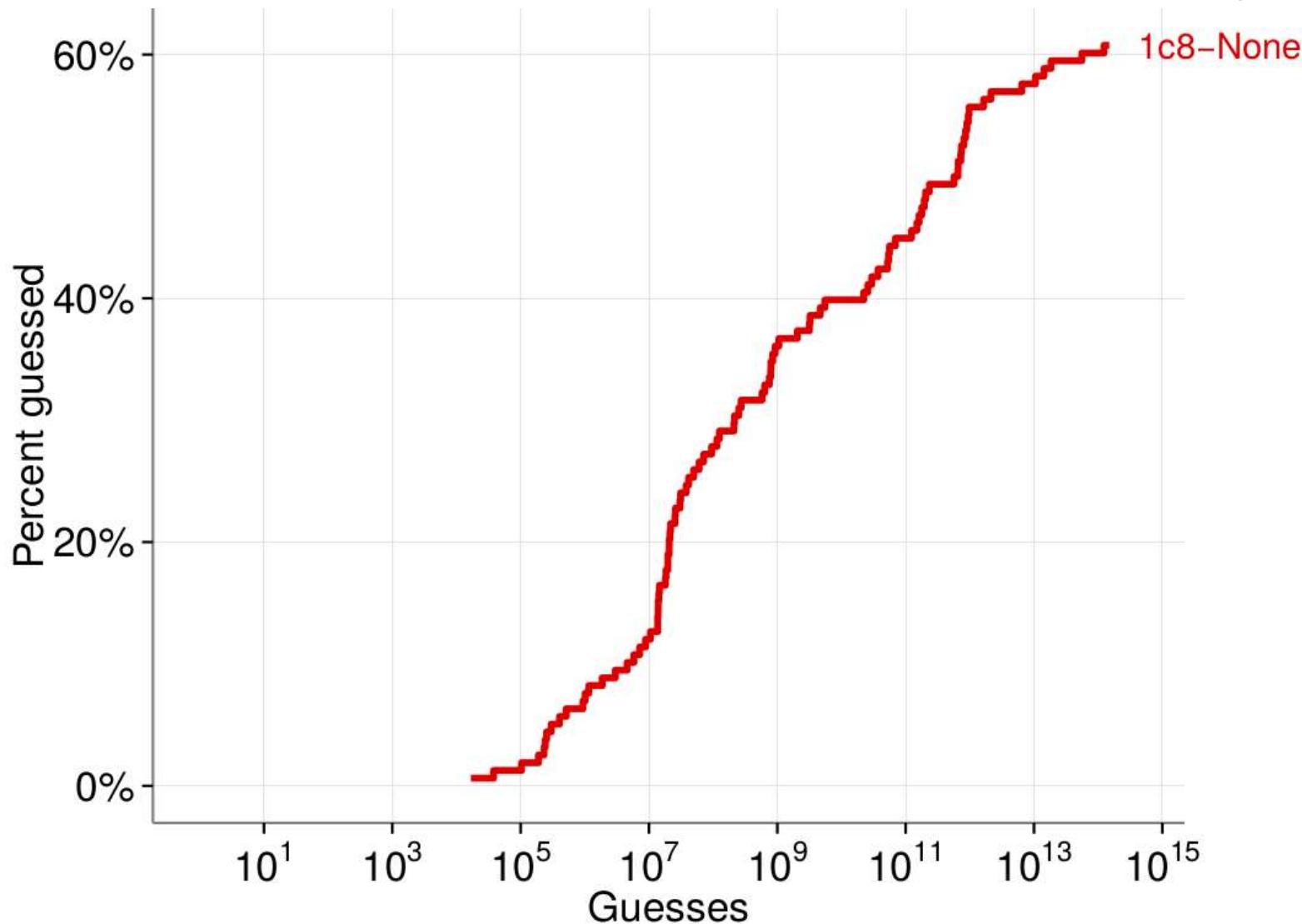
Measure Password Guessability



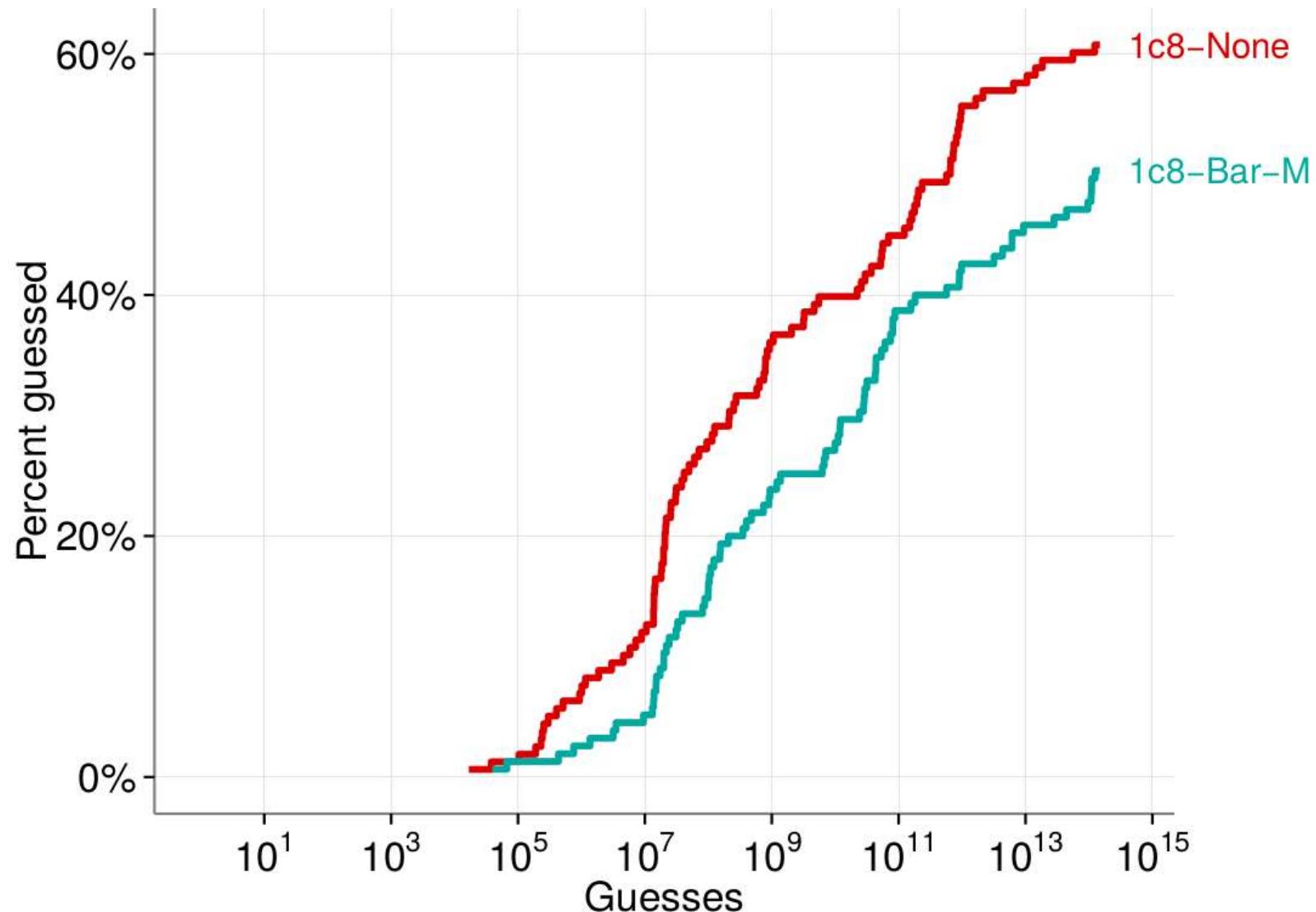
Measure Password Guessability



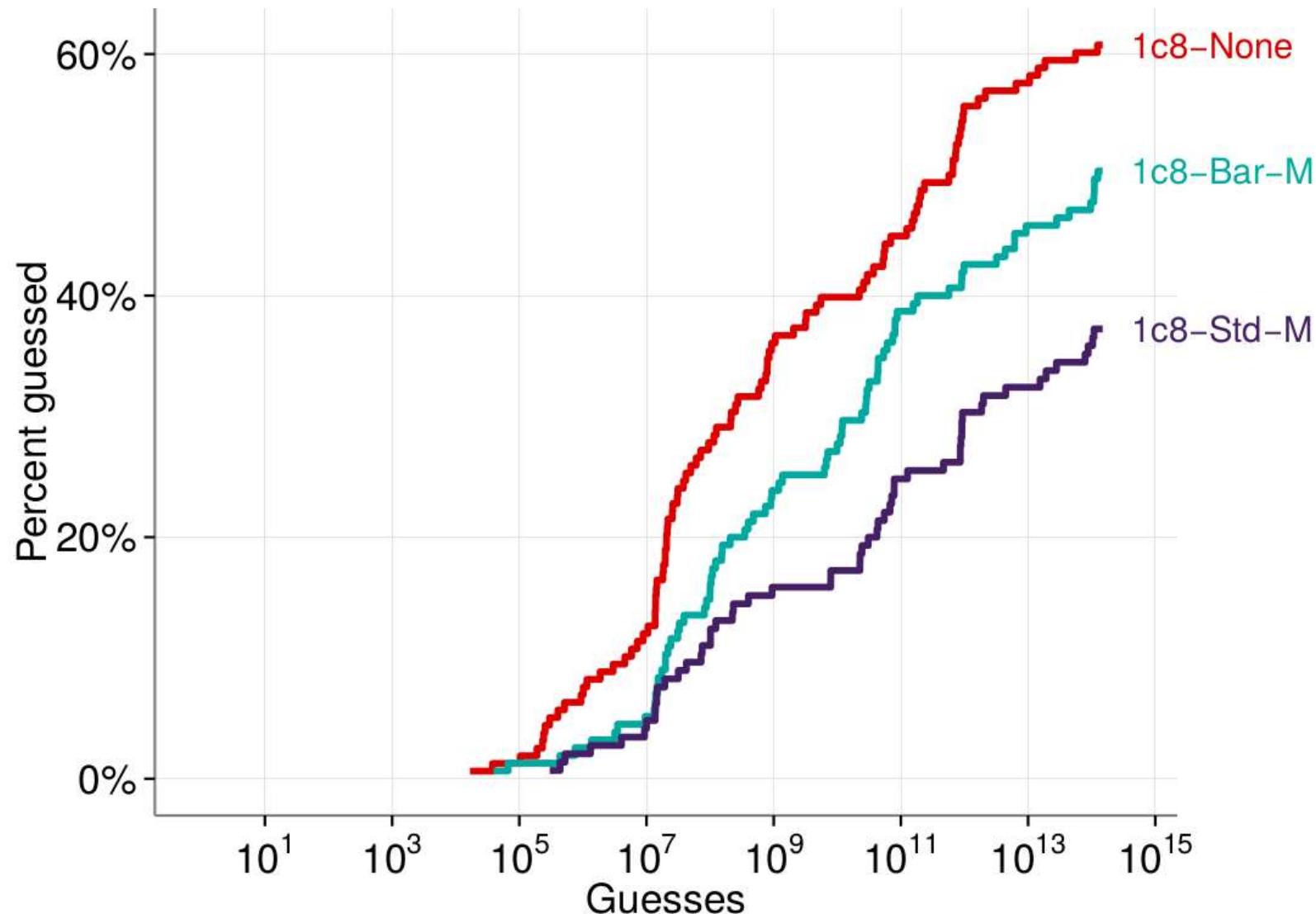
Measure Password Guessability



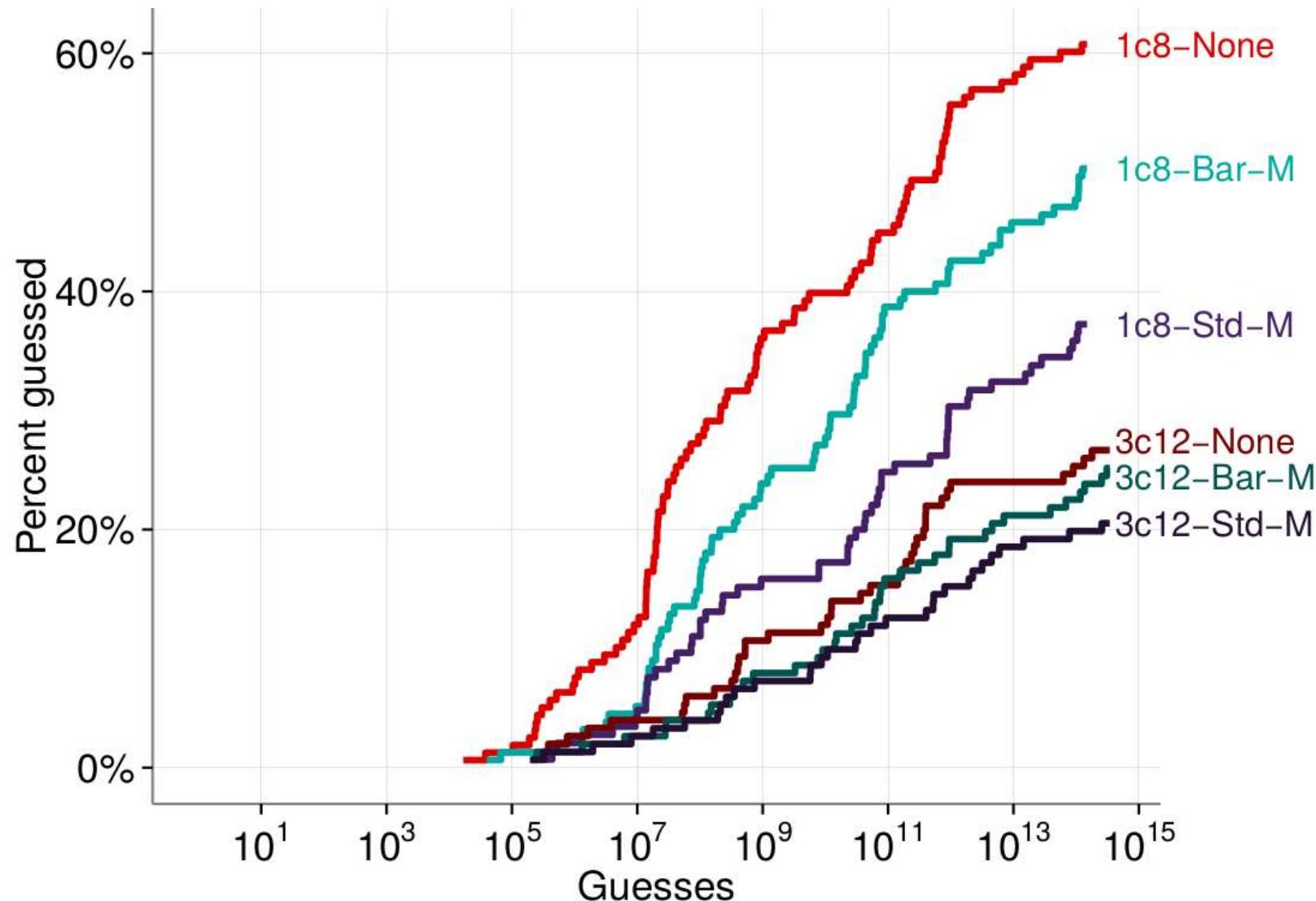
Feedback → More Secure Passwords



Feedback → More Secure Passwords



Feedback → More Secure Passwords



Usability Results

- Feedback did not significantly impact password memorability
- More feedback → more difficult, annoying
- All features had value for some participants

Feedback → More Secure Passwords

https://github.com/cupslab/password_meter

- Help us improve the meter
- Demo: <https://cups.cs.cmu.edu/meter>



Blase Ur, Assistant Professor, University of Chicago



Carnegie Mellon University